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## INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

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<b>(21) International Application Number:</b> PCT/US99/16289 <b>(22) International Filing Date:</b> 26 July 1999 (26.07.1999) <b>(30) Priority Data:</b> 09/134,323 14 August 1998 (14.08.1998) US <b>(60) Parent Application or Grant</b> KYPHON INC. [/]; (). SCRIBNER, Robert, M. [/]; (). REO, Michael, L. [/]; (). RELEY, Mark, A. [/]; (). BOUCHER, Ryan [/]; (). RYAN, Daniel, D. ; ().		<b>Published</b>
<b>(54) Title: SYSTEMS AND METHODS FOR PLACING MATERIALS INTO BONE</b> <b>(54) Titre: SYSTEMES ET PROCEDES PERMETTANT D'INTRODUIRE UNE MATIERE DANS UN OS</b>		
<b>(57) Abstract</b>		
<p>This invention is systems (10), and methods for delivering material into bone to deploy a cannula (30) through soft tissue to establish a subcutaneous path into bone. A material is introduced through the cannula (30). The system (10), and methods advance a tamping instrument (108) through the cannula (30) to urge material residing in the cannula into bone. The introducing step delivers material at a pressure no greater than about 360 psi.</p>		
<b>(57) Abrégé</b>		
<p>L'invention concerne des systèmes (10) et des procédés permettant d'introduire une matière dans un os et consistant à déployer une canule (30) à travers le tissu mou et à former, de cette façon, une voie sous-cutanée menant à l'intérieur de l'os. On commence par introduire une matière par la canule (30). Selon ces systèmes (10) et ces procédés, on insère un instrument de bourrage (108) dans la canule (30) afin de pousser dans l'os la matière résiduelle se trouvant dans la canule. Pendant l'étape d'introduction, la matière est distribuée à une pression ne dépassant pas 360 psi environ.</p>		

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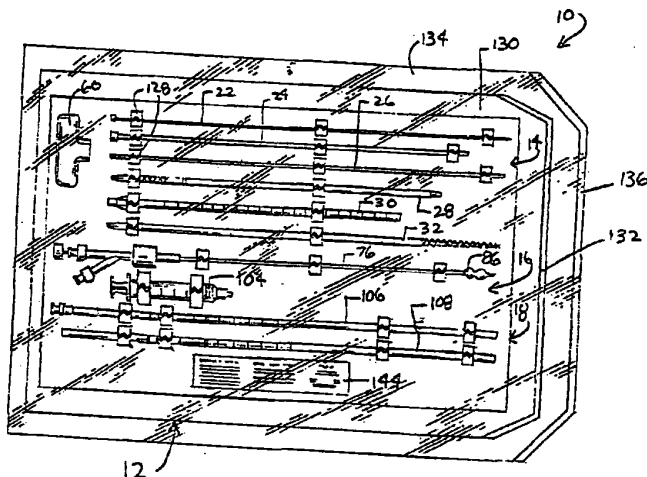
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(54) Title: SYSTEMS AND METHODS FOR PLACING MATERIALS INTO BONE



(57) Abstract

This invention is systems (10), and methods for delivering material into bone to deploy a cannula (30) through soft tissue to establish a subcutaneous path into bone. A material is introduced through the cannula (30). The system (10), and methods advance a tamping instrument (106) through the cannula (30) to urge material residing in the cannula into bone. The introducing step delivers material at a pressure no greater than about 360 psi.

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**Description**

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**SYSTEMS AND METHODS  
FOR PLACING MATERIALS INTO BONE**

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**FIELD OF THE INVENTION**

5           The invention generally relates to the  
treatment of bone conditions in humans and other  
animals.

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**BACKGROUND OF THE INVENTION**

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Injection devices similar to a household  
caulking gun are used to inject bone cement into  
bone. A typical bone cement injection device has a  
pistol-shaped body, which supports a cartridge  
containing bone cement. A trigger actuates a spring-  
loaded ram, which forces a volume of bone cement in  
a viscous condition through a suitable nozzle and  
into the interior of a bone targeted for treatment.  
According to the teachings of U.S. Patent Nos.  
4,969,888 and 5,108,404, a cavity can be first  
formed by compacting cancellous bone inside the  
bone, into which the bone cement is injected.

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Conventional cement injection devices provide no  
opportunity to override the spring action and  
quickly terminate the flow of cement, should the  
cavity fill before the spring-actuated load cycle is  
completed. Furthermore, once the spring-actuated  
mechanism is triggered, conventional cement  
injection devices do not permit the injection volume  
or inject rate to be adjusted or controlled in real  
time, in reaction to cancellous bone volume and  
density conditions encountered inside bone.

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In a clinical procedure called

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vertebroplasty, bone cement is injected at high pressure (typically, about 700 psi) into the interior of a vertebral body, without the prior formation of a cavity. Because high pressure is used, there is little opportunity to quickly and accurately adjust cement flow in reaction to bone volume and density conditions encountered. Momentum generated by high pressure-induced cement flow continues to propel cement into the targeted bone site even after termination of the high pressure.

As a result of the relatively high pressure that conventional procedures rely upon, coupled with the effective lack of a short response time, the targeted bone interior can suddenly overflow. Excess filling material can be forced outside the bone interior, and into adjoining tissue regions, where the presence of filling material is not required or desired.

For these and other reasons, there is a need for new systems and methods for placing material into bones, with greater rate and volume control, a faster response time, and without requiring the use of high pressure.

#### SUMMARY OF THE INVENTION

The invention provides instruments, systems, and methods, which, in use, enable greater control over the placement of materials into bone.

One aspect of the invention provides an instrument for tamping material into bone through a subcutaneous path. The instrument comprises a body having a length and a terminus. The body includes markings located along the length at increments from the terminus. The markings allow the physician to gauge the position of the instrument in the subcutaneous path, as material is being tamped into



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bone. In particular, the markers allow the physician to tell at a glance the location of the terminus, in terms of how far beyond or short of the end of the subcutaneous path it is.

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5 In one embodiment, the instrument is used by deploying a cannula to establish a subcutaneous path into bone. A material is introduced into bone through the cannula. The terminus of the instrument is advanced through the cannula to urge material residing in the cannula into bone.

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Another aspect of the invention provides an apparatus for introducing material into bone through a subcutaneous cannula. The apparatus includes a delivery device to convey the material at a low delivery pressure. As used herein, a "low delivery pressure" is equivalent to the pressure at which liquid is expressed from 1 cc syringe by the application of moderate force to the syringe piston, which amounts to a pressure that is no greater than about 360 psi.

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According to this aspect of the invention, the apparatus also includes a nozzle instrument capable of advancement through the subcutaneous cannula into bone. The nozzle comprises a proximal fitting to couple the nozzle instrument to the delivery device. The nozzle further comprises a nozzle terminus through which the material conveyed by the delivery device enters bone at the delivery pressure.

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In one embodiment, the delivery device comprises a syringe.

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In one embodiment, the apparatus further includes a tamping instrument, which is capable of advancement through the subcutaneous cannula. The tamping instrument has a tamping terminus which,

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10 during the advancement, urges material residing in the subcutaneous cannula into bone.

15 In one embodiment, the tamping instrument includes markings to visually gauge the advancement of the tamping terminus through the subcutaneous cannula.

20 In one embodiment, the apparatus is used by deploying a cannula to establish a subcutaneous path into bone. The delivery device is actuated to convey material at the delivery pressure through the nozzle terminus into bone.

25 Another aspect of the invention provides a tool for deployment into bone. The tool comprises a catheter tube having a distal region and an expandable structure carried by the distal region for compacting cancellous bone. The tool also includes an introducer sleeve slidably carried by the catheter tube for movement between a retracted position spaced from the expandable structure and an advanced position overlying the expandable structure. The introducer sleeve includes a tubular main body dimensioned to compress the expandable structure when the introducer sleeve is in the advanced position. A collar extends beyond the distal region of the catheter tube when the introducer sleeve is in the advanced position. The collar is dimensioned larger than the tubular main body to releasably engage an end of a cannula. Thus, the introducer sleeve both sizes and aligns the expandable structure for passage into the cannula through the end of the cannula.

30 Another aspect of the invention provides apparatus for introducing material into bone through a subcutaneous cannula. The apparatus includes a delivery device to convey the material at a low

- 5 -

5 delivery pressure, i.e., a pressure no greater than  
about 360 psi. The apparatus also includes a nozzle  
10 instrument capable of advancement through the  
subcutaneous cannula into bone and comprising a  
5 proximal fitting to couple the nozzle instrument to  
the delivery device. The nozzle also includes a  
nozzle bore, through which the material conveyed by  
15 the delivery device enters bone at the delivery  
pressure. The apparatus further includes a stylet  
20 capable of advancement into the nozzle bore through  
the proximal fitting to close the nozzle bore and,  
with the nozzle instrument. Together, the nozzle  
and the stylet form a tamping instrument capable of  
25 advancement through the subcutaneous cannula to urge  
residual material from the subcutaneous cannula.

25 Another aspect of the invention provides a  
method for delivering material into bone. The  
method deploys a cannula through soft tissue to  
establish a subcutaneous path into bone. The method  
30 introduces a material into bone through the cannula.  
The method advances a tamping instrument through the  
cannula to urge material residing in the cannula  
into bone.

35 In one embodiment, the method delivers  
25 material at a low delivery pressure, i.e., a  
pressure no greater than about 360 psi.

40 In one embodiment, the introducing step  
uses a manual syringe.

45 The material can comprise medication or a  
30 material that sets to a hardened condition e.g.,  
bone cement, or autograft tissue, or allograft  
tissue, or synthetic bone substitute, or  
combinations thereof.

50 In one embodiment, the method further  
35 includes the step of deploying a cavity forming

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instrument through the cannula to compress cancellous bone and form a cavity. In this embodiment, the introducing and advancing steps convey material into the cavity.

Features and advantages of the inventions are set forth in the following Description and Drawings, as well as in the appended Claims.

**BRIEF DESCRIPTION OF THE DRAWINGS**

Fig. 1 is a plane view of a kit housing a system of functional instruments, which, in use, gain subcutaneous access to the inside of a bone to compact cancellous bone and form a cavity for therapeutic purposes;

Fig. 2 is an exploded perspective view of the kit shown in Fig. 1;

Fig. 3 is a perspective view of the subcutaneous access instrument group that forms a part of the system shown in Fig. 1;

Fig. 4A is a perspective view of the cavity forming instrument that forms a part of the system shown in Fig. 1;

Fig. 4B is a section view of the catheter tube of the cavity forming instrument, taken generally along line 4B-4B in Fig. 1;

Fig. 4C is an end view of an alternative embodiment of the cavity forming instrument shown in Fig. 4A, having a prebent stylet;

Fig. 5 is a perspective view of the material introducing instrument group that forms a part of the system shown in Fig. 1;

Figs. 6 and 7 are, respectively, top and side views of a human vertebral body;

Fig. 8 is a top view of a vertebral body during insertion of a spinal needle instrument to begin a bone access procedure;

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10 Figs. 9 to 11 are top views showing subsequent steps, after insertion of the spinal needle instrument shown in Fig. 8, of inserting a guide pin instrument into the vertebral body;

5 Fig. 12 is a perspective view showing a subsequent step, after insertion of the guide pin instrument shown in Figs. 9 to 11, which deploys an obturator instrument deployed over the guide pin instrument with aid of a handle;

10 Fig. 13 is a top view of the vertebral body, with the obturator instrument shown in Fig. 12 deployed;

15 Fig. 14 is a perspective view showing a subsequent step, after insertion of the obturator instrument shown in Fig. 12, which uses the handle shown in Fig. 12 to aid in the deployment of a cannula instrument over the obturator instrument;

20 Fig. 15 is a top view of the vertebral body, with the cannula instrument shown in Fig. 14 deployed;

25 Fig. 16 is a perspective view showing a subsequent step, after insertion of the cannula instrument shown in Fig. 14, which removes the obturator instrument from the cannula instrument, to leave the cannula instrument and guide pin instrument in place;

30 Fig. 17 is a top view of the vertebral body, after the obturator removal step shown in Fig. 16, leaving the cannula instrument and guide pin instrument in place;

35 Fig. 18 is a perspective view showing a subsequent step, after removal of the obturator instrument shown in Fig. 16, which uses the handle shown in Fig. 14 to aid in the deployment of a drill bit instrument through the cannula instrument along

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the guide pin instrument;

Fig. 19 is a top view of the vertebral body, as the drill bit instrument shown in Fig. 18 is deployed with aid of the handle to open a passage into the interior volume of the vertebral body;

Fig. 20 is a perspective view showing a subsequent step, after removal of the drill bit instrument and guide pin instrument shown in Fig. 18, of deploying the cavity forming instrument into the vertebral body;

Fig. 21 is a top view of the vertebral body, as the expandable structure carried by the cavity forming instrument shown in Fig. 20 is deployed into the interior volume of the vertebral body;

Fig. 22 is a top view of the vertebral body, as the expandable structure shown in a collapsed condition in Fig. 21 is expanded to compact cancellous bone and form a cavity;

Fig. 23 is a top view of the vertebral body, after removal of the expandable structure, showing the cavity formed by compacting cancellous bone;

Fig. 24 is a perspective view of the syringe of the material introducing instrument group, shown in Fig. 5, being filled with a material selected for introduction into the cavity shown in Fig. 23;

Fig. 25 is a perspective view of the syringe shown in Fig. 24 being joined to a nozzle, which also forms a part of the material introducing instrument group shown in Fig. 5;

Fig. 26 is a perspective view showing the syringe and attached nozzle shown in Fig. 25 being deployed through the cannula instrument in

5 preparation of introducing material into the cavity;

10 Figs. 27 and 28 are perspective and top views, respectively, showing the syringe and attached nozzle shown in Fig. 26 in use to inject  
5 material into the cannula instrument for passage into the cavity;

15 Fig. 29 is a top view of the vertebral body after a measured volume of material has been injected and the syringe and attached nozzle  
10 withdrawn from the cannula instrument;

20 Fig. 30 is a top view showing the deployment of a tamping instrument, which forms a part of the material introducing instrument group shown in Fig. 5, being deployed in the cannula  
15 instrument;

25 Fig. 31 is a top view showing advancement of the tamping instrument in the cannula instrument to displace and distribute material from the cannula instrument into the cavity;

30 Fig. 32 is a top view of the vertebral body after removal of the tamping instrument and cannula instrument, showing the cavity, now filled with the material;

35 Fig. 33 is a perspective view of a reduced diameter cannula instrument and associated reduced diameter material introducing instruments, which embody features of the invention;

40 Fig. 34 is a perspective view of a cavity forming instrument having an expandable cavity forming structure, which, in use, is deployed using  
30 the reduced diameter cannula instrument shown in Fig. 33, the cavity forming instrument having a sliding introducer sleeve shown in its rearward position;

45 Fig. 35 is a perspective view of the cavity  
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forming instrument shown in Fig. 34, with the introducer sleeve moved forward to overlie and compress the expandable cavity forming structure;

Fig. 36 is a perspective view of the cavity forming structure shown in Fig. 35, with the introducer sleeve (shown partially in section) coupled to the proximal end of the cannula instrument, to guide the expandable structure compressed within the sleeve into the reduced diameter cannula instrument without damage; and

Fig. 37 is a perspective view of the cavity forming structure shown in Fig. 36, after the expandable structure has been guided by the introducer sleeve into the cannula instrument and is being advanced through the cannula instrument for deployment in bone.

The invention may be embodied in several forms without departing from its spirit or essential characteristics. The scope of the invention is defined in the appended claims, rather than in the specific description preceding them. All embodiments that fall within the meaning and range of equivalency of the claims are therefore intended to be embraced by the claims.

#### DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENTS

Figs. 1 and 2 show a system 10 of functional instruments. In use, certain instruments of the system 10 are deployed in a purposeful manner to penetrate tissue and gain subcutaneous access to the inside of a bone. Inside bone, other instruments of the system 10 are deployed to form a cavity in cancellous bone, into which a material is placed for therapeutic purposes.

In the illustrated embodiment, the system 10 is arranged as a prepackage kit 12 in three



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functional instrument groups 14, 16, and 18. The first group 14 (which Fig. 3 shows outside the kit 12) comprises instruments whose purpose is to gain subcutaneous access to a bone interior. The second group 16 (which Fig. 4 shows outside the kit 12) comprises an instrument whose function is to create a cavity in cancellous bone. The third group 18 (which Fig. 5 shows outside the kit 12) comprises instruments whose function is to introduce a material into the cavity.

The kit 12 can take various forms. In the illustrated embodiment, the kit 12 comprises a sterile, wrapped assembly.

Further details of each functional instrument group 14, 16, and 18 and the kit 12 follow.

#### **I. The Subcutaneous Access Instrument Group**

The number and type of instruments in the group 14 can vary. Fig. 3 shows five representative instruments, each having a different size and function.

##### **A. The Spinal Needle and Guide Pin**

As Fig. 3 shows, one instrument comprises a conventional spinal needle assembly 20 and a guide pin instrument 26.

In use, the spinal needle assembly 20 establishes the initial subcutaneous path leading to the targeted treatment site. The guide pin instrument 26 is deployed through this path, followed by progressively larger instruments, as will be described later.

The spinal needle assembly 20 comprises a stylet 22, which is slidably deployed within a stylus 24. The stylus 24 typically has, for example,

about an eleven gauge diameter. Other gauge diameters can be used, according to the gauge of the guide pin instrument 26 used.

In use, the guide pin instrument 26 is deployed through the subcutaneous path established by the spinal needle assembly 20, by exchange with the needle stylet 22. The guide pin instrument 26 serves to guide the establishment of the main operative pathway to the targeted treatment site.

The remaining instruments 28, 30, and 32 in the group 14 share some common features, although they are intended, in use, to perform different functions. These instruments 28, 30, and 32 are each made of a rigid, surgical grade plastic or metal material. These instruments 28, 30, and 32 each comprises an elongated, cylindrical body having a proximal end 34 and a distal end 36.

#### B. The Obturator Instrument

The instrument 28 functions as an obturator. Its distal end 36 is tapered to present a penetrating surface 38. In use, the surface 38 is intended to penetrate soft tissue in response to pushing or twisting forces applied by the physician at the proximal end 34.

The proximal end 34 of the obturator instrument 28 presents a flanged surface 40, which tapers from a larger outer diameter to a smaller outer diameter in the direction of the proximal end 34. The flanged surface 40 includes an array of circumferentially spaced teeth 42.

An interior lumen 44 extends through the obturator instrument 28 from the distal end 36 to the proximal end 34. The interior lumen 44 is sized to accommodate the guide pin instrument 26, as will be described in greater detail later.

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**C. The Cannula Instrument**

The instrument 30 functions as a cannula or guide sheath. The cannula instrument 30 is somewhat larger in diameter than and not as long as the obturator instrument 28. The cannula instrument 30 includes an interior lumen 46 that extends from its distal end 36 to its proximal end 34. The interior lumen 46 is sized to accept the obturator instrument 28. The size of the interior lumen 46 permits a physician to slide and rotate the cannula instrument 30 relative to the obturator instrument 28, and vice versa, as will be described in greater detail later.

The distal end 36 of the cannula instrument 30 presents an end surface 48. In use, the end surface 48 of the cannula instrument 30 is intended to penetrate soft tissue surrounding the obturator instrument 28 in response to pushing or twisting forces applied at the proximal end 34.

The proximal end 34 carries an enlarged fitting 50. The fitting 50 tapers from a larger diameter to a smaller diameter in the direction of the proximal end 34. Like the tapered flange 40 on the obturator instrument 28, the tapered fitting 50 has an array of circumferentially spaced teeth 52. The tapered fitting 50 of the cannula instrument 30 possesses a larger maximum outer diameter than the maximum outer diameter of the tapered flange 40 of the obturator instrument 28.

The cannula instrument 30 includes measured markings 118 along its length(see Fig. 3). The measured markings 118 gauge the depth of insertion. The markings 118 can be placed, for example, at one centimeter intervals. As Fig. 3 shows, the markings 118 can be consecutively numbered, beginning at the distal end 36, so that the physician can ascertain

the insertion depth at a glance.

#### D. The Drill Bit Instrument

The instrument 32 functions as a drill bit.

The drill bit instrument 32 has generally the same physical dimensions as the obturator instrument 28. Like the obturator instrument 28, the drill bit instrument 32 is intended, in use, to fit for sliding and rotational movement within the interior lumen 46 of the cannula instrument 30.

The distal end 36 of the drill bit instrument 32 includes machined cutting edges 54. In use, the cutting edges 54 are intended to penetrate hard tissue in response to rotation and longitudinal load forces applied at the proximal end 34 of the drill bit instrument 32.

The proximal end 34 presents a tapered flange 56, which is substantially identical to the flange 40 on the obturator instrument 28. Like the obturator instrument 28, the tapered flange 56 changes from a larger diameter to a smaller diameter in the direction of the proximal end 34. The tapered flange 56 of the drill bit instrument 32 also includes an array of circumferentially spaced teeth 58. The form and orientation of the teeth 58 on the drill bit instrument 32 correspond to the form and orientation of the teeth 42 on the obturator instrument 28.

#### E. The Handle

The group includes a handle 60. The handle 60 engages the functional instruments 28, 30, and 32 in a removable, slip fit fashion to aid a physician in manipulating the instruments during use.

The handle 60 is made from a molded or cast rigid plastic or metal material. The handle 60 is shaped to be comfortably and securely grasped by a

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5 normal human hand. The shape and size to accommodate  
this function can, of course, vary. In the  
10 illustrated embodiment, the handle 60 is elongated  
along a main axis to fit comfortably across the palm  
of the hand.

5 The handle 60 includes a center post 62,  
which is integrally molded to the handle 60 about  
15 its geometric center. The center post 62 extends  
downward to give the handle 60 a general T-shape.

10 The handle 60 includes two interior  
cavities or sockets 64 and 66 in the center post 62.  
20 The sockets guide the attachment between the handle  
60 and the instruments 28, 30, and 32. The first and  
second sockets 64 and 66 are sized to present  
15 unique attachment sites for different functional  
instruments.

25 The first socket 64 includes an array of  
circumferentially spaced grooves 68, which, in form  
and orientation, match the teeth 42 and 58 at the  
30 proximal ends 34 of the obturator instrument 28 and  
the drill bit instrument 32. The first socket 64  
accepts the tapered flange 40 or 56 of either the  
obturator instrument 28 or the drill bit instrument  
35 32. The teeth 42 and 58 of either tapered flange 40  
or 56 mesh in a slip-fit with the grooves 68 of the  
first socket 64. The running slip-fit allows  
40 longitudinal force to be applied to either  
instrument 28 or 32 through the handle 60. The  
running slip-fit also prevents relative rotation  
30 between either instrument 28 or 32 and the first  
socket 64, thereby permitting torsional or twisting  
45 forces to be applied to either instrument 28 or 32  
by the handle 60, with an increased mechanical  
advantage.

35 The second socket 66 is larger than the

first socket 64 and is sized to accept the larger tapered fitting 50 of the cannula instrument 30. The second socket 66 includes an array of circumferentially spaced grooves 70, which, in form and orientation, match the teeth 52 on the tapered fitting 50. The teeth 52 of the tapered fitting 50 mesh in a slip-fit with the grooves 70 of the second socket 66. The running slip-fit allows both longitudinal and torsional forces to be applied to the cannula instrument 30 through the handle 60, with increased mechanical advantage.

As shown in phantom lines in Fig. 3, a first passage 72 extends through the top of the handle 60, through the center post 62, and into the first socket 64. The passage 72 is generally aligned with the center of the first socket 64 and is sized to pass the guide pin instrument 26 (see Fig. 12).

Likewise, as also shown in phantom lines in Fig. 3) a second passage 74 extends through the top of the handle 60, through the center post 62, and into the second socket 66. The passage 74 is generally aligned with the center of the second socket 66 and is sized to pass the either obturator instrument 28 or the drill bit instrument 32 (see Fig. 14).

Further details of the handle 60 can be found in copending U.S. Patent Application Serial No. 09/014,229, filed January 27, 1998, and entitled "A Slip-Fit Handle for Hand-Held Instruments that Access Interior Body Regions."

Further details regarding the use of the handle 60 and the associated instruments 26, 28, and 30 will be provided later.

## II. The Cavity Forming Instrument

As Fig. 4A shows, the group 16 includes an

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instrument 76, which is deployed through the cannula instrument 30 to a location inside bone (see Fig. 20). When so deployed, the instrument 76 serves to form a cavity in cancellous bone.

The instrument 76 can be constructed in various ways. In the illustrated embodiment, the instrument 76 includes a flexible catheter tube 78 having a proximal end 80 and a distal end 82. The proximal end 80 carries a handle grip 84 to facilitate gripping and maneuvering the catheter tube 78. The materials for the catheter tube 78 are selected to facilitate its advancement through the cannula instrument 30. The catheter tube 78 can be constructed, for example, using standard flexible, medical grade plastic materials, like vinyl, nylon, polyethylenes, ionomer, polyurethane, and polyethylene tetrphthalate (PET). The catheter tube 78 can also include more rigid materials to impart greater stiffness and thereby aid in its manipulation. More rigid materials that can be used for this purpose include stainless steel, nickel-titanium alloys (Nitinol™ material), and other metal alloys.

The distal end 82 of the instrument 76 carries an expandable structure 86. In the illustrated embodiment, the expandable structure 86 is made from a polyurethane or an elastomer (e.g., silicone or nylon) material. The structure 86 has been preformed to possess a desired shape by exposure to heat and pressure, e.g., through the use of conventional thermoforming techniques.

As Fig. 4B shows, the catheter body 78 includes an interior lumen 88, which communicates with the interior of the structure 86. A fitting 90 on the proximal end 80 of the catheter tube 78 (see

Fig. 4B) communicates with the lumen 88. The fitting 90 couples the lumen 88 to a source 92 of fluid, e.g., sterile saline (see Fig. 21), or a radiopaque contrast medium.

The fluid is introduced from the source 92 into the structure 86 under positive pressure, causing the structure 86 to expand. During expansion inside bone, the material selected for the structure 86 preferably resists deformation, so that the expanded shape inside bone essentially corresponds to its expanded shape outside bone, i.e., when in an open air environment. This allows the physician to select in an open air environment a structure 86 having an expanded shape desired to meet the targeted therapeutic result, with the confidence that the expanded shape inside bone will be similar in important respects. In addition to being able to expand its volume while resisting deformation inside bone, the material of the structure 86 preferable withstands abrasion, tearing, and puncture when in contact with cancellous bone.

The shape of the structure 86, when expanded inside bone, is selected by the physician, taking into account the morphology and geometry of the site to be treated. The shape of the cancellous bone to be compressed, and the local structures that could be harmed if bone were moved inappropriately, are generally understood by medical professionals using textbooks of human skeletal anatomy along with their knowledge of the site and its disease or injury. The physician is also able to select the expanded shape inside bone based upon prior analysis of the morphology of the targeted bone using, for example, plain film x-ray, fluoroscopic x-ray, or MRI or CT scanning. The expanded shape inside bone is



5 selected to optimize the formation of a cavity that,  
e.g., when filled with a suitable material, provides  
10 support across the region of the bone being treated.

As one general guideline, in cases where  
5 the bone disease causing fracture (or the risk of  
fracture) is the loss of cancellous bone mass (as in  
osteoporosis), the selection of the expanded shape  
15 of the structure 86 inside bone should take into  
account that from 30% to 90% of the cancellous bone  
10 volume should be compacted. Another general  
guideline is the amount that the targeted fractured  
20 bone region has been displaced or depressed. The  
expansion of the structure 86 within the cancellous  
bone region inside a bone can elevate or push the  
15 fractured cortical wall back to or near its anatomic  
position occupied before fracture occurred.

In the illustrated embodiment (see Fig.  
4A), the structure 86 possesses a preformed hour-  
glass or peanut shape. This shape is selected in  
30 contemplation of deploying the structure 86 in a  
vertebral body, as will be described in greater  
detail later.

To facilitate deployment of the structure  
35 86 through the cannula instrument 30, the catheter  
tube 78 includes a second interior lumen 94. The  
25 lumen 94 extends from a second fitting 98 on the  
proximal end 80 of the catheter tube 78, through the  
body of the cannula tube 78, and through the  
40 interior of the structure 86 to the tip end 172 of  
the structure 86. The lumen 94 receives a generally  
30 stiff stylet 96, which can be made from a molded  
plastic or stainless steel material. The stylet 96  
45 is inserted through the fitting 98 into the lumen  
94, and includes a threaded coupling 100 to secure  
35 the stylet 96 against movement. The presence of the

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stylet 96 serves to keep the structure 86 in the desired distally straightened condition during passage through the cannula instrument 30 into the targeted tissue region. Once the structure 86 is free of the cannula instrument 30 and inside bone, the stylet 96 can be withdrawn (shown by arrow 174 in Fig. 4A). This returns normal flexibility to the catheter tube 78 and facilitates manipulation of the structure 86 inside bone. With the stylet 96 withdrawn, the lumen 94 can also serve as a pathway for introducing rinsing liquid or to aspirate debris from the bone.

In the illustrated embodiment, the stylet 96 is biased toward a generally straight condition. In an alternative embodiment (see Fig. 4C), a stylet 102 can have a preformed memory, to normally bend its distal region. The memory is overcome to straighten the stylet 102 when confined within the cannula instrument 30. However, as the structure 86 and distal region of the preformed stylet 102 advance free of the cannula instrument 30, to pass into the targeted region, the preformed memory bends the distal region of the stylet 102 and thereby shifts the main axis of the expandable structure 86. The prebent stylet 102, positioned within the interior of the structure 86, aids in altering the orientation of the structure 86, bringing it into better anatomic alignment with the targeted region.

Other types of instruments that can form cavities in cancellous bone and other interior body regions are described in copending U.S. Patent Application Serial No. 09/055,805, entitled "Structures and Methods for Creating Cavities in Interior Body Regions," filed April 6, 1998.

### III. The Material Introducing Instrument

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**Group**

The group 18 includes instruments 104, 106, and 108 which serve to convey and compact a selected material inside the cavity formed by the structure 86. The material in the cavity provides a desired therapeutic result, e.g., replacement of tissue mass, or renewed interior support for the bone, or the delivery of medication, or combinations thereof. Accordingly, the material to perform this function can be selected from among, e.g., a material that sets to a hardened condition, including bone cement, autograft tissue, allograft tissue, synthetic bone substitute, as well as a medication, or combinations thereof.

In the illustrated embodiment, the group 18 comprises material injection instruments 104 and 106 and a material tamping instrument 108, which deliver material at a low delivery pressure, i.e., a pressure no greater than about 360 psi.

**A. Low Pressure Material Injection Instruments**

In the illustrated embodiment, the material is injected by use of a conventional syringe 104, to which a specially designed injection nozzle 106 is coupled. A manual actuated syringe with a push plunger can be used. Alternatively, a LeVeen Inflation Syringe with threaded plunger can be used, which can be actuated manually or by use of a mechanical actuator.

In the illustrated embodiment, the syringe 104 is made from a clear plastic material. The syringe 104 includes a chamber 110, which receives the material to be injected. The material is expressed from the chamber 100 by a manually advanced syringe piston 112 (see also Fig. 25).

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The injection nozzle 106 connects by a threaded connector 114 to the end of the syringe 104 9 (see also Fig. 25). In the illustrated embodiment, the nozzle 106 is made from a generally flexible, inert plastic material, such as such as polyethylene or an other suitable polymer. Alternatively, the nozzle 106 can be made from a generally rigid plastic or metal material.

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The injection nozzle 106 is sized to be advanced through the cannula instrument 30 (see Fig. 26). The nozzle 106 includes measured markings 116 along its length. The markings 116 can be placed, for example, at one centimeter intervals, to correspond with the markings 118 on the cannula instrument 30, so that the relative position of the nozzle 106 within the cannula instrument 30 can be gauged. The markings 118 can, e.g., include a set point 176. Alignment of the set point 176 at the proximal end 34 of the cannula instrument 30, indicates that the distal end of the nozzle 106 is located in an aligned relationship with the distal end 36 of the cannula instrument 30. In this arrangement, the markings 118 are consecutively numbered with positive numbers proximally of the set point 176 and with negative numbers distally of the set point 176. The physician is thereby able to tell at a glance the location of the distal end of the nozzle 106, in terms of how far beyond or short of the distal end 36 of the cannula instrument 30 it is.

In use, the distal end of the nozzle 106 is located beyond the distal end 36 of the cannula instrument 30 within the cavity formed in the targeted tissue region. As Fig. 5 shows, the distal end of the nozzle 106, when made from a plastic

5 material, can carry at least one radiopaque marker  
208, to enable remote visualization of the nozzle  
10 position within the body. The syringe 104 ejects a  
predetermined volume of material into the nozzle 106  
5 in a low pressure stream into the cavity. As the  
material fills the cavity, the nozzle (still  
15 ejecting material) is retracted from the cavity and  
into the cannula instrument 30 itself. Further  
details of this function and result will be provided  
10 later.

#### 20 B. The Material Tamping Instrument

The group 18 also includes a material  
tamping instrument 108. The tamping instrument 108  
15 is made from generally rigid, inert plastic or metal  
material. The tamping instrument 108 is also sized  
25 to be advanced into the cannula instrument 30 (see  
Fig. 30). The free end 124 of the tamping instrument  
108 is ribbed or contoured to facilitate gripping  
the instrument 108 during use.

30 The tamping instrument 108 includes  
measured markings 122 along its length. The markings  
116 can be placed, for example, at one centimeter  
intervals, to correspond with the markings 118 on  
35 the cannula instrument 30, so that the relative  
position of the tamping instrument 108 within the  
cannula instrument 30 can be gauged. Like the nozzle  
106, the markings 122 on the tamping instrument 108  
40 includes a set point 178, which indicates when the  
distal end of the tamping instrument 108 aligns with  
30 the distal end 36 of the cannula instrument 30. Also  
like the nozzle 106, the markings 122 on the tamping  
instrument 108 are consecutively numbered with  
45 positive numbers proximally of the set point 178 and  
with negative numbers distally of the set point 178.  
35 The physician is thereby able to tell at a glance

the location of the end of the tamping instrument 108, in terms of how far beyond or short of the distal end 36 of the cannula instrument 30 it is. As Fig. 5 also shows, the end of the tamping instrument 108, when made from a plastic material, can carry at least one radiopaque marker 210, so that its position can be visualized from outside the body.

After withdrawal of the nozzle 106 from the cannula instrument 30, residual material is left in the cannula instrument 30. The purpose of the tamping instrument 108 is to displace the residual material out the distal end 36 of the cannula instrument 30 and into the cavity, to thereby fill the cavity without exerting undue pressure within the bone. The tamping instrument 108 thereby serves to clear residual material from the cannula instrument 30, to assure that the desired volume of material is delivered into the cavity. The removal of residual material from the cannula instrument 30 by the tamping instrument 108 also prevents seepage of material into surrounding tissue regions upon removal of the cannula instrument 30. The tamping instrument 108 also compacts the material uniformly within the cavity, again without undue pressure. Further details of these functions and results will be discussed later.

#### IV. The Kit

As Figs. 1 and 2 show, in the illustrated embodiment, the kit 12 includes an interior tray 126 made, e.g., from die cut cardboard, plastic sheet, or thermo-formed plastic material. The tray 126 includes spaced apart tabs 128, which hold the various instruments in a secure position during sterilization and storage prior to use.

When packaged as a sterile assembly, the

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kit 12 includes an inner wrap 130, which is peripherally sealed by heat or the like, to enclose the tray 126 from contact with the outside environment. One end of the inner wrap includes a conventional peel-away seal 132, to provide quick access to the tray 126 at the instant of use, which preferably occurs in a sterile environment, such as within an operating room.

When packaged as a sterile assembly, the kit 12 also includes an outer wrap 134, which is also peripherally sealed by heat or the like, to enclose the inner wrap 130. One end of the outer wrap includes a conventional peel-away seal 136, to provide access to the inner wrap 130 and its contents. The outer wrap 134 can be removed from the inner wrap in anticipation of imminent use, without compromising sterility of the contents of the kit 12.

As Fig. 2 shows, each inner and outer wrap 130 and 134 includes a peripherally sealed top sheet 138 and bottom sheet 140. In the illustrated embodiment, the top sheet 138 is made of transparent plastic film, like polyethylene or MYLAR® material, to allow visual identification of the contents of the kit 12. The bottom sheet 140 is made from a material that is permeable to ETO sterilization gas, e.g., TYVEK® plastic material (available from DuPont).

In the illustrated embodiment, the tray 126 presents the instruments groups 14, 16, and 18 in an ordered, organized layout, which is arranged to aid the physician in carrying out the intended procedure. For example, the layout of the tray 126 can present the instruments groups 14, 16, and 18 in top-to-bottom order, according to sequence of

intended use. For example, in a typical bone access procedure (as will be demonstrated in greater detail later), the stylet 22 and stylus 24 of the spinal needle assembly 20 are deployed first, followed by the guide pin instrument 26, followed by the obturator instrument 28, then the cannula instrument 30, then the drill bit instrument 32, then the cavity forming instrument 76, then the syringe 104 and nozzle 106 instruments, and lastly the tamping instrument 108. Accordingly, the tray 126 packages these instruments and components in a top-to-bottom order, with the spinal needle assembly 20 topmost, the guide pin instrument 26 next, the obturator instrument 28 next, and so on, with the tamping instrument 108 lowermost on the tray 126.

In this layout, the handle 60 is packaged to the side of the access instrument group 14. The tray 126 can include written labels (not shown) identifying the components contained in the kit 12.

The kit 12 also preferably includes in the tray 126 directions 144 for using the contents of the kit 12 to carry out a desired procedure. An exemplary procedure which the directions 144 can describe will be explained later.

When packaged as a sterile assembly, the directions 144 can also include the statement "For Single Patient Use Only" (or comparable language) to affirmatively caution against reuse of the contents of the kit 12 whose performance characteristics and efficacy degrade after a single use. The spinal needle assembly 20, the cavity forming instrument 76, and the material introducing instruments 104, 106, and 108 should, for these reasons, be used but a single time and then discarded. The directions 144 also preferably affirmatively instruct against



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resterilization of at least these contents of kit 12, and also instructs the physician to dispose of at least these contents of the kit 12 upon use in accordance with applicable biological waste procedures.

The presence of the instrument groups 14, 16, and 18 packaged in the sterile kit 12 verifies to the physician that the contents are sterile and have not been subjected to prior use. The physician is thereby assured that the instrument groups meet established performance and sterility specifications.

It should be appreciated that the various instruments contained in the kit 12 can be packaged into several, smaller functional kits. For example, a first kit can package the access instrument group 14, a second kit can package the cavity forming instrument group 16, and a third kit can package the material introduction instrument group 18. Figs. 1 and 2 illustrate one of many different possible embodiments.

#### V. Illustrative Use of the System

The following describes use of the instrument groups 14, 16, and 18 packaged in the kit 12 in the context of treating bones. This is because the instruments of the groups 14, 16, and 18 can be advantageously used for this purpose. Still, it should be appreciated that one or more of the instrument groups, used alone or in association with other instruments, can perform other diagnostic or therapeutic functions in other interior regions of the body.

In particular, the instrument groups 14, 16, and 18 will be described with regard to the treatment of human vertebra. It should be

5 appreciated, however, their use is not limited to  
10 human vertebrae. The instrument groups 14, 16, and  
18 can be used in association with hand-held  
5 instruments in the treatment of diverse human or  
animal bone types.

#### A. The Vertebral Body

15 As Figs. 6 and 7 show, a typical vertebra  
146 includes a vertebral body 148, which extends on  
the anterior (i.e., front or chest) side of the  
10 vertebra 146. The vertebral body 148 has the shape  
of an oval disk. The vertebral body 148 includes an  
exterior formed from compact cortical bone 150. The  
20 cortical bone 150 encloses an interior volume of  
reticulated cancellous, or spongy, bone 152 (also  
called medullary bone or trabecular bone).

25 The spinal cord 154 passes through the  
spinal canal 156 of the vertebra 146. The vertebral  
arch 158 surrounds the spinal canal 156. The  
pedicles 160 of the vertebral arch 158 adjoin the  
30 vertebral body 148. The spinous process 162 extends  
from the posterior of the vertebral arch 158, as do  
the left and right transverse processes 164.

#### B. Treatment of a Vertebral Body

35 During a typical procedure, a patient lies  
25 on an operating table. The patient can lie face down  
on the table, or on either side, or at an oblique  
angle, depending upon the physician's preference.

40 The physician or surgical assistant removes  
the outer and inner wraps 130 and 134 of the kit 12,  
30 exposing the tray 126 for use. The physician  
acquires the spinal needle assembly 20 from the tray  
126. As Fig. 8 shows, the physician introduces the  
45 spinal needle assembly 20 into soft tissue ST in the  
patient's back. Under radiologic or CT monitoring,  
35 the physician advances the spinal needle assembly 20

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5 through soft tissue down to and into the targeted  
vertebra 146. The physician will typically  
10 administer a local anesthetic, for example,  
lidocaine, through assembly 20. In some cases, the  
5 physician may prefer other forms of anesthesia.

The physician directs the spinal needle  
assembly 20 to penetrate the cortical bone 150 and  
15 the cancellous bone 152 of the targeted vertebral  
body 148. Preferably the depth of penetration is  
10 about 60% to 95% of the vertebral body 148.

Fig. 8 shows gaining access to cancellous  
20 bone through the side of the vertebral body 148,  
which is called postero-lateral access. However,  
access may be indicated through a pedicle 160, which  
15 is called transpedicular access. The type of access  
25 is based upon the objectives of the treatment or for  
other reasons, based upon the preference of the  
physician.

As Fig. 9 shows, after positioning the  
30 spinal needle assembly 20 in cancellous bone 152,  
the physician holds the stylus 24 and withdraws the  
stylet 22. The physician acquires the guide pin  
instrument 26 from the tray 126. As Fig. 10 shows,  
35 while still holding the stylus 24, the physician  
25 slides the guide pin instrument 26 through the  
stylus 24 and into the cancellous bone 152. The  
physician now removes the stylus 24 (see Fig. 11),  
40 leaving the guide pin instrument 26 deployed within  
the cancellous bone 152.

30 The physician next acquires the obturator  
instrument 28 and the handle 60 from the tray 126.  
45 The physician slides the obturator instrument 28  
over the guide pin instrument 26, distal end first.  
The physician slides the guide pin instrument 26  
35 through the first passage 72 and the first socket 64

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5 of the handle 60. As Fig. 12 shows, the physician  
slides the handle 60 along the guide pin instrument  
10 26 toward the tapered flange 40 of the obturator  
instrument 28, until achieving a running slip-fit  
5 between the first socket 64 and the tapered flange  
40, in the manner previously described. The  
15 obturator instrument 28 is now ready for use.

As Fig. 12 shows, the physician makes a  
small incision I in the patient's back. The  
10 physician twists the handle 60 while applying  
longitudinal force to the handle 60. In response,  
20 the surface 38 of the obturator instrument 28  
rotates and penetrates soft tissue ST through the  
incision I. The physician may also gently tap the  
15 handle 60, or otherwise apply appropriate additional  
longitudinal force to the handle 60, to advance the  
obturator instrument 28 through the soft tissue  
along the guide pin instrument 26 down to the entry  
30 site (see Fig. 13). The physician can also tap the  
handle 60 with an appropriate striking tool to  
advance the surface 30 of the obturator instrument  
28 into the side of the vertebral body 148 to secure  
35 its position (as Fig. 13 shows).

The physician next slides the handle 60  
25 along the guide pin instrument 26 away from the  
obturator instrument 28 to disengage the tapered  
flange 40 from the first socket 64. The physician  
40 then proceeds to slide the handle 60 completely off  
the guide pin instrument 26.

30 The physician acquires the cannula  
instrument 30 from the tray 126. As Fig. 14 shows,  
45 the physician slides the cannula instrument 30 over  
the guide pin instrument 26, distal end first, and,  
further, over the obturator instrument 28, until  
35 contact between the end surface 48 and soft tissue

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5 tissue ST. The physician now slides the guide pin  
instrument 26 and obturator instrument 26 through  
10 the second passage 74 and second socket 66 of the  
handle 60. The physician slides the handle 60 toward  
5 the tapered fitting 50 of the cannula instrument 30  
until a running slip-fit occurs between the second  
socket 66 and the tapered fitting 50, as previously  
15 described. The cannula instrument 30 is now ready  
for use.

10 As Fig. 14 shows, the physician applies  
appropriate twisting and longitudinal forces to the  
20 handle 60, to rotate and advance the cannula  
instrument 30 through soft tissue ST along the  
obturator instrument 28. As Fig. 15 shows, when the  
15 end surface 48 of the cannula instrument 30 contacts  
cortical bone, the physician can appropriately tap  
25 the handle 60 with a striking tool to advance the  
end surface into the side of the vertebral body 148  
to secure its position.

30 As Fig. 16 shows, the physician now  
withdraws the obturator instrument 28, sliding it  
off the guide pin instrument 26. This leaves the  
guide pin instrument 26 and the cannula instrument  
35 30 in place, as Fig. 17 shows. The physician next  
slides the handle 60 along the guide pin instrument  
25 26 away from the cannula instrument 30 to disengage  
the tapered fitting 50 from the second socket 66.  
40 The physician then slides the handle 60 completely  
off the guide pin instrument 26.

30 The physician now acquires the drill bit  
instrument 32 from the tray 126. As Fig. 18 shows,  
45 the physician slides the drill bit instrument 32  
over the guide pin instrument 26, distal end first,  
through the cannula instrument 30 until contact  
35 between the machined surface 54 and bone tissue

occurs. As Fig. 18 also shows, the physician next leads the guide pin instrument 26 through the first passage 72 and first socket 64 of the handle 60. The physician slides the handle 60 along the guide pin instrument 26 toward the tapered flange 56 of the drill bit instrument 32, until a running slip-fit occurs between the first socket 64 and the tapered flange 56, as previously described. The drill bit instrument 32 is now ready for use.

As shown by Fig. 18, guided by X-ray (or another external visualizing system), the physician applies appropriate twisting and longitudinal forces to the handle 60, to rotate and advance the cutting edge 54 of the drill bit instrument 32 to open a passage 166 (see Fig. 19) through the bone tissue and completely into the cancellous bone 152. The drilled passage 166 preferably extends no more than 95% across the vertebral body 148.

The physician now slides the handle 60 along the guide pin instrument 26 away from the drill bit instrument 32 to disengage the tapered flange 56 from the first socket 64. The physician, further, slides the handle 60 completely off the guide pin instrument 26.

The physician can now remove the drill bit instrument 32 and the guide pin instrument 26, leaving only the cannula instrument 30 in place. The passage 166 made by the drill bit instrument 32 remains. Subcutaneous access to the cancellous bone 152 has been accomplished.

The physician can now acquire the cavity forming instrument from the tray 126. As Fig. 20 shows, the physician can advance the expandable structure 86 through the cannula instrument 30 and passage 166 into the interior volume of the

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5 vertebral body 148, as Fig. 21 also shows. The  
structure 86 is in its normally collapsed and not  
10 expanded condition during deployment. The stylet 96  
or 102 is inserted in the lumen 94 of the catheter  
5 tube 78 to provide added stiffness to the structure  
86 while being passed through the cannula instrument  
30.

15 As shown in phantom lines in Fig. 20, the  
physician can, if desired, reconnect the handle 60  
10 to the cannula instrument 30, to help stabilize the  
cannula instrument 30 while deploying the structure  
20 86. The second passage 74 of the handle accommodates  
the catheter tube 78 and the structure 86, when  
collapsed.

25 As Fig. 21 shows, the structure 86 is  
oriented in the desired way in the passage 166. As  
before explained, the bent stylet 102 can aid in  
this task. Before, during, or after the orientation  
30 process, the stylet 96 or 102 can be withdrawn (as  
20 Fig. 21 shows), to open the lumen 94 for use to pass  
a rinsing liquid or negative aspiration pressure.

35 Sterile liquid is conveyed under pressure  
from the source 92 through the lumen 88 into the  
structure 86. As Fig. 22 shows, the structure 86  
25 expands inside bone. Expansion of the structure 86  
compresses cancellous bone 152 in the vertebral body  
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40 The compression forms an interior cavity  
168 in the cancellous bone 152. As Fig. 23 shows,  
30 subsequent collapse and removal of the structure 86  
leaves the cavity 168 in a condition to receive a  
45 filling material.

50 The compaction of cancellous bone 152 can  
also exert interior force upon cortical bone, making  
35 it possible to elevate or push broken and compressed

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bone back to or near its original prefracture, or other desired, condition.

Upon formation of the cavity 168, the physician acquires the syringe 104 and injection nozzle 106 from the kit 12. As Fig. 24 shows, the physician fills the syringe chamber 110 with the desired volume of filling material 170. As Fig. 25 shows, the physician attaches the nozzle 106 to the filled syringe 104. As Fig. 26 shows, the physician inserts the nozzle 106 a selected distance beyond the distal end 36 of the cannula instrument 30 and into the cavity, guided by the markings 116.

As shown in phantom lines in Fig. 26, the handle 60 can remain attached to the cannula instrument 30 to provide stability, as the second passage 74 of the handle accommodates the nozzle 106.

As Fig. 27 shows, the physician manually advances the piston 112 to cause the material 170 to flow through and out of the nozzle 106 and into the cavity. As material 170 fills the cavity, the physician withdraws the nozzle from the cavity and into the cannula instrument 30. The cannula instrument 30 channels the material 170 flow toward the cavity 168. As Fig. 28 shows, the cement material 170 flows in a stream into the cavity 168.

If the selected material 170 is bone cement, the cement material 170 is placed into the syringe chamber 110 shortly after it is mixed from two materials (e.g., in an external mixing device), while it is in a low viscosity, relatively free flowing liquid state, like a thin pancake batter. In time (e.g., about two minutes after mixing), the consistency of the cement material 170 will change to a substantially putty-like character.



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The physician operates the syringe 104 to expel the cement material 170 from the chamber, through the nozzle 106, first into the cavity and then into the cannula instrument 30. Typically, at the end of the syringe injection process, material 170 should extend from the cavity and occupy about 40% to 50% of the cannula instrument 30.

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When a desired volume of cement is expelled from the syringe 104, the physician withdraws the nozzle 106 from the cannula instrument 30, as Fig. 29 shows. The physician may first rotate the syringe 104 and nozzle 106, to break loose the material 170 in the nozzle 106 from the ejected bolus of material 170 occupying the cannula instrument 30.

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The physician acquires the tamping instrument 108 from the kit 12. As Fig. 30 shows, the physician advances the tamping instrument 108 through the cannula instrument 30. As phantom lines in Fig. 30 show, the handle 60 can remain attached to the cannula instrument 30 to provide stability, as the second passage 74 of the handle accommodates the tamping instrument 108.

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The distal end of the tamping instrument 108 contacts the residual volume of cement material 170 in the cannula instrument 30. As Figs. 30 and 31 show, advancement of the tamping instrument 108 displaces progressively more of the residual material 170 from the cannula instrument 30, forcing it into the cavity 168. The flow of material 170 into the cavity 168, propelled by the advancement of the tamping instrument 108 in the cannula instrument 30, serves to uniformly distribute and compact the material 170 inside the cavity 168, without the application of undue pressure.

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The use of the syringe 104, nozzle 106, and the tamping instrument 108 allows the physician to exert precise control when filling the cavity with material 170. The physician can immediately adjust the volume and rate of delivery according to the particular local physiological conditions encountered. The application of low pressure (i.e., no greater than 360 psi), which is uniformly applied by the syringe 104 and the tamping instrument 108, allows the physician to respond to fill volume and flow resistance conditions in a virtually instantaneous fashion. The chance of overfilling and leakage of material 170 outside the cavity is significantly reduced.

When the physician is satisfied that the material 170 has been amply distributed inside the cavity 168, the physician withdraws the tamping instrument 108 from the cannula instrument 30. The physician preferably first twists the tamping instrument 108 to cleanly break contact with the material 170. The handle 60 can now be removed and the cannula instrument 30 withdrawn, as Fig. 32 shows. The incision site is sutured closed. The bone treatment procedure is concluded.

Eventually the material 170, if cement, will harden a rigid state within the cavity 168. The capability of the vertebral body 148 to withstand loads is thereby improved.

The selected material 170 can be an autograft or allograft bone graft tissue collected in conventional ways. For example, the graft material can be in paste form, as described by Dick, "Use of the Acetabular Reamer to Harvest Autogenic Bone Graft Material: A Simple Method for Producing Bone Paste," Archives of Orthopaedic and Traumatic

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Surgery (1986), 105: 235-238, or in pellet form, as described by Bhan et al, "Percutaneous Bone Grafting for Nonunion and Delayed Union of Fractures of the Tibial Shaft," International Orthopaedics (SICOT) (1993) 17: 310-312, both of which are incorporated herein by reference. Alternatively, the bone graft tissue can be obtained using a Bone Graft Harvester, which is commercially available from SpineTech. Using a funnel, the paste or pellet graft tissue material is loaded into the cannula instrument 30. The tamping instrument 108 is then advanced into the cannula instrument 30 in the manner previously described, to displace the paste or pellet graft tissue material out of the cannula instrument 30 and into the cavity.

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The selected material 170 can also comprise a granular bone material harvested from coral, e.g., ProOsteon™ calcium carbonate granules, available from Interpore. The granules are loaded into the cannula instrument 30 using a funnel and advanced into the cavity using the tamping instrument 108.

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The selected material 170 can also comprise demineralized bone matrix suspended in glycerol (e.g., Grafton™ allograft material available from Osteotech), or SRS™ calcium phosphate cement available from Novian. These viscous materials, like the bone cement previously described, can be loaded into the syringe 104 and injected into the cavity using the nozzle 106, which is inserted through the cannula instrument 30 into the cavity. The tamping instrument 108 is used to displace residual material from the cannula instrument 30 into the cavity, as before described.

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The selected material 170 can also be in sheet form, e.g. Collagraft™ material made from

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calcium carbonate powder and collagen from bovine bone. The sheet can be rolled into a tube and loaded by hand into the cannula instrument 30. The tamping instrument 108 is then advanced through the cannula instrument, to push and compact the material in the cavity.

#### VI. Alternative Embodiments

The use of low pressure delivery of material 170 frees the system 10 from the need to accommodate relatively large diameter, high pressure delivery devices. The interior diameter of the cannula instrument 30 can be downsized accordingly, thereby minimizing the dimensions of the subcutaneous pathway to gain access to the targeted bone region.

Typically, when low pressure material injection instruments are used, the largest tool that the reduced-diameter cannula instrument must accommodate is the expandable cavity-forming structure 82. The structure 82 presents a minimal profile during deployment, as it can be collapsed and, if desired, a lubricous coating may also be applied to the exterior of the structure 82 to facilitate its passage through the reduced-diameter cannula instrument.

#### A. Low Pressure Material Injection Instruments

Fig. 33 exemplifies low pressure material injection instruments 180 and 182 that function in association with a cannula instrument 184 having a reduced interior diameter, e.g. only about 3.4 mm or less.

One instrument 180 comprises a reduced-diameter nozzle. As Fig. 33 shows, the nozzle 180 is sized to pass through the reduced-diameter

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cannula instrument 184, to thereby pass into bone in the manner previously shown in Fig. 26. The reduced-diameter nozzle 180 connects by a threaded connector 186 to the syringe 104. For material strength, despite its reduced dimension, the nozzle 180 is preferably formed from a rigid metal material, e.g., stainless steel.

As Fig. 33 shows, the reduced-diameter nozzle 180 also includes measured markings 188 along its length, as previously described. The markings 188 include a set point 190, as previously described, which aligns with the proximal end of the cannula instrument 184 when the distal ends of the cannula instrument 184 and the nozzle 180 align.

The other reduced diameter instrument 182 comprises a stylet, which is sized to pass through the interior bore of the nozzle 180. The stylet 182 includes a handle 192, which rests on the proximal connector 186 of the nozzle 180 when the stylet 182 is fully inserted into the nozzle 180. When the handle 192 is rested, the distal ends of the stylet 182 and nozzle 180 align. The presence of the stylet 182 inside the nozzle 180 closes the interior nozzle bore.

In use, the nozzle 180 is coupled to the syringe 104 and inserted through the cannula instrument 184 into the material-receiving cavity 168 formed in cancellous bone, in the same manner shown in Fig. 26. Material in the syringe 104 is injected at low pressure through the nozzle 180 into the cavity 168. As before explained, as the cavity 168 progressively fills with material, the nozzle 180 is withdrawn back into the cannula instrument 184. Typically, when the injection of material is completed, material extends from the cavity 168 and

occupies about 40% to 50% of the cannula instrument 184.

At this point, the nozzle 180 can be fully withdrawn from the cannula instrument 184 and unthreaded from the syringe 104. The stylet 182 can be advanced into the nozzle 180, to bring the handle 192 at rest against the connector 186, thereby clearing residual material from the nozzle 180. The nozzle 180 and stylet can then be inserted as a nested unit into the cannula instrument 184. Nested together, the nozzle 180 and stylet 182 form a tamping instrument. Upon advancement through the cannula instrument 184, the nested nozzle 180 and stylet 182 displace residual material from the cannula instrument 184 into the cavity 168, in generally the same manner as previously shown in Figs. 30 and 31, thereby uniformly compacting material within the cavity 168 in a controlled fashion and without undue pressure.

Alternatively, a single-piece tamping instrument, separate from the nozzle 180, can be provided, downsized to fit through the reduced-diameter cannula instrument 184. In this embodiment, the stylet 182 is not necessary, unless it is desired to reclaim material from the nozzle.

#### B. Cavity Forming Instrument

Fig. 34 shows a cavity forming instrument 194 intended to be deployed through the reduced-diameter cannula instrument 184, shown in Fig. 33. In many respects, the instrument 194 is like the instrument 76, previously described and shown in Fig. 4A, and common reference numerals will be assigned to common structural elements. The instrument 184 includes a flexible catheter tube 78 having a proximal end 80 and a distal end 82. The

proximal end 80 carries a handle grip 84, and the distal end 82 carries an expandable structure 86, which, when deployed in bone, compacts cancellous bone and forms the cavity 168.

Unlike the previously-described instrument 76, the instrument 194 carries an introducer sleeve 196. The introducer sleeve 196 slides along the catheter tube 78 between the handle grip 84 and the expandable structure 86. The introducer sleeve 196 includes a tubular main body 198 with a forward collar 200 and a rear collar 202.

The introducer sleeve 196 normally occupies an advanced position on the instrument 194, as shown in Fig. 35. In this position, the main body 198 overlies and surrounds the expandable structure 86. The main body 198 is sized to compress the structure 86 to an outside diameter that is slightly less than the interior diameter of the reduced-diameter cannula instrument 184.

As Fig. 35 shows, when the introducer sleeve 196 occupies the advanced position, the forward collar 200 extends beyond the distal end of the compressed expandable structure 82. As Fig. 36 shows, in this position, the forward collar 200 presents itself for engagement with the proximal end 204 of the cannula instrument 184. The forward collar 200 is sized to have an interior diameter that makes friction-fit engagement about the proximal end 204 of the cannula instrument 184.

As Fig. 36 shows, when it is time to deploy the expandable structure 86 through the cannula instrument 184, the physician engages the forward collar 200 of the introducer sleeve 196 in a friction fit about the proximal end 204 of the cannula instrument 184. As Fig. 37 shows, advancing

5 the catheter tube 78 moves the compressed structure  
10 86 through the main body 198 of the sleeve 196 and  
into the bore of the cannula instrument 184. The  
engagement of the forward collar 200 about the  
5 proximal cannula end 204 aligns the axis of the  
structure 86 with the axis of the cannula instrument  
184, while compressing the structure 86 to a  
15 diameter smaller than the interior of the cannula  
instrument 184. Upon advancement of the catheter  
10 tube 78, the introducer sleeve 196 guides the  
structure 86 into the cannula instrument 194 without  
tearing or other damage.

Once the expandable structure 86 is  
25 advanced through the cannula instrument 184 and into  
bone, the physician can slide the introducer sleeve  
15 196 rearward away from the proximal cannula end 204,  
to break the friction fit between the end 204 and  
the forward sleeve. As Fig. 34 shows, the rear  
30 collar 202 of the sleeve 196 is sized to make a snap  
fit engagement about a stem 206, which surrounds the  
20 catheter tube 78 near the handle 84. The snap fit  
engagement stabilizes the position of the sleeve 196  
35 during subsequent use and manipulation of the  
cavity-forming instrument 194.

25 The features of the invention are set forth  
in the following claims.



## Claims

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## We Claim:

1. An instrument for tamping material into bone through a subcutaneous path, the instrument comprising a body having a length and a terminus, and including markings located along the length at increments from the terminus.
2. An instrument according to claim 1 wherein the body is made of a generally rigid material.
3. An instrument according to claim 1 wherein the length of the body is longer than the subcutaneous path.
4. An instrument according to claim 1 wherein the body includes at least one radiopaque marker.
5. A tamping instrument capable of advancement through a subcutaneous cannula having a distal end which leads into bone, the tamping instrument comprising a body having a terminus which, during the advancement, urges material residing in the cannula into bone, the body having markings to visually gauge the advancement of the terminus through the subcutaneous cannula.
6. A tamping instrument according to claim 5 wherein the body is made of a generally rigid material.
7. A tamping instrument according to claim 5 wherein the length of the body is longer than the subcutaneous cannula.
8. A tamping instrument according to claim 5 wherein the body includes at least one radiopaque marker.

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9. Apparatus for delivering material into bone comprising

10 a cannula for establishing a subcutaneous path into bone, and

5 a tamping instrument for advancement through the cannula comprising a body having a terminus which, during the advancement, urges material residing in the cannula into bone.

15 10. Apparatus according to claim 9 wherein the body includes markings to visually gauge the advancement of the terminus through the cannula.

20 11. Apparatus according to claim 9 wherein the cannula has a length, and wherein the length of the tamping instrument exceeds the length of the cannula.

25 12. Apparatus according to claim 11 wherein the body includes a set point marking spaced from the terminus at a distance generally equal to the length of the cannula.

30 13. Apparatus according to claim 12 wherein the body includes at least one additional marking to visually gauge advancement of the terminus through the cannula.

35 14. Apparatus according to claim 9 wherein the body includes at least one radiopaque marker.

40 15. Apparatus according to claim 9 wherein the body is made of a generally rigid material.

45 16. Apparatus according to claim 9 and further including a cavity forming instrument for advancement through the cannula into bone for compressing cancellous bone.

50 17. Apparatus according to claim 16

5  
10 wherein the cavity forming instrument includes an expandable structure.

18. An assembly of items for delivering material into bone comprising

a cannula,

a tamping instrument comprising a body

5 having a terminus, and instructions for using the kit according to a method comprising the steps of

20 deploying the cannula to establish a subcutaneous path into bone,

10 introducing a material into bone through the cannula, and

25 advancing the terminus through the cannula to urge material residing in the cannula into bone.

19. An assembly according to claim 18 wherein the body has a length and includes markings located along the length at increments from the terminus to gauge advancement of the terminus  
5 through the cannula.

20. An assembly according to claim 18 wherein the body includes at least one radiopaque marker.

21. An assembly according to claim 18 and further including a cavity forming instrument to compress cancellous bone.

40 22. An assembly according to claim 21 wherein the cavity forming instrument includes an expandable structure.

45 23. An assembly according to claim 21 wherein the method further comprises the step of deploying the cavity forming instrument through the cannula to compress cancellous bone and  
5 form a cavity, and

5 wherein the introducing and advancing steps  
introduces material into the cavity.

10 24. Apparatus for introducing material  
into bone through a subcutaneous cannula, the  
apparatus including a delivery device to convey the  
material at a delivery pressure of no greater than  
5 about 360 psi, and a nozzle instrument capable of  
15 advancement through the subcutaneous cannula into  
bone and comprising a proximal fitting to couple the  
nozzle instrument to the delivery device and a  
nozzle terminus through which the material conveyed  
20 10 by the delivery device enters bone at the delivery  
pressure.

25 25. Apparatus according to claim 24  
wherein the nozzle instrument is made of a  
generally flexible material.

26. Apparatus according to claim 24  
wherein the nozzle instrument is made of a  
generally rigid material.

30 27. Apparatus according to claim 24  
wherein the delivery device comprises a  
syringe.

35 28. Apparatus according to claim 24 and  
further including a tamping instrument capable of  
advancement through the subcutaneous cannula and  
having a tamping terminus which, during the  
5 advancement, urges material residing in the  
40 subcutaneous cannula into bone.

29. Apparatus according to claim 28  
wherein the tamping instrument includes  
markings to visually gauge the advancement of the  
45 tamping terminus through the subcutaneous cannula.

30. Apparatus according to claim 28  
wherein the tamping instrument includes at  
least one radiopaque marker.

5  
10 31. Apparatus according to claim 28  
wherein the tamping instrument is made of  
a generally rigid material.

15 32. Apparatus according to claim 24  
wherein the nozzle instrument includes  
markings to visually gauge the advancement of the  
nozzle terminus through the subcutaneous cannula.

20 33. Apparatus according to claim 24  
wherein the nozzle instrument includes at  
least one radiopaque marker.

25 34. Apparatus according to claim 24 and  
further including a cavity forming instrument  
capable of advancement through the subcutaneous  
cannula to compress cancellous bone.

30 35. Apparatus according to claim 34  
wherein the cavity forming instrument  
includes an expandable structure.

35 36. An assembly of items for introducing  
material into bone comprising  
a cannula,

40 5 a delivery device having an actuator to  
convey material at a delivery pressure of no greater  
than about 360 psi,

45 10 a nozzle instrument capable of advancement  
through the cannula into bone and comprising a  
proximal fitting to couple the nozzle instrument to  
the delivery device and a nozzle terminus, and

50 instructions for using the kit according to  
a method comprising the steps of

55 deploying the cannula to establish a  
subcutaneous path into bone, and

actuating the delivery device to  
convey material at the delivery pressure through the  
nozzle terminus into bone.

37. An assembly according to claim 36 and

5 further including a tamping instrument capable of  
advancement through the cannula having a tamping  
terminus, and

10 5 wherein the method further includes the  
step of advancing the tamping terminus through the  
cannula to urge material residing in the cannula  
into bone.

15 38. An assembly according to claim 37  
wherein the tamping instrument includes  
markings to visually gauge the advancement of the  
tamping terminus through the cannula.

20 39. An assembly according to claim 37  
wherein the tamping instrument includes at  
least one radiopaque marker.

25 40. An assembly according to claim 36  
wherein the nozzle instrument includes  
markings to visually gauge the advancement of the  
nozzle terminus through the cannula.

30 41. An assembly according to claim 36  
wherein the nozzle instrument includes at  
least one radiopaque marker.

35 42. An assembly according to claim 36  
wherein the delivery device comprise a  
syringe.

43. An assembly according to claim 36 and  
further including a cavity forming instrument to  
compress cancellous bone.

40 44. An assembly according to claim 43  
wherein the cavity forming instrument  
includes an expandable structure.

45 45. An assembly according to claim 43  
wherein the method further comprises the  
step of deploying the cavity forming instrument  
through the cannula to compress cancellous bone and  
5 form a cavity, and

wherein the actuating step conveys material into the cavity.

46. A tool for deployment into bone comprising

a catheter tube having a distal region, an expandable structure carried by the distal region for compacting cancellous bone, and an introducer sleeve slidably carried by the catheter tube for movement between a retracted position spaced from the expandable structure and an advanced position overlying the expandable structure, the introducer sleeve including

a tubular main body dimensioned to compress the expandable structure when the introducer sleeve is in the advanced position, and

a collar extending beyond the distal region of the catheter tube when the introducer sleeve is in the advanced position, the collar being dimensioned larger than the tubular main body to releasably engage an end of a cannula, whereby the introducer sleeve both sizes and aligns the expandable structure for passage into the cannula through the end of the cannula.

47. A tool according to claim 46

wherein the catheter tube includes a proximal region having a stem, and

wherein the introducer sleeve includes a second collar extending from the main tubular body opposite to the first-defined collar, the second collar being dimensioned to releasably engage the stem when the introducer sleeve is in the retracted position.

48. A tool according to claim 47

wherein the proximal region includes a handle adjacent to the stem.



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49. A tool according to claim 46  
wherein the catheter tube includes a  
proximal region having a handle, and

wherein the introducer sleeve includes a  
second collar extending from the main tubular body  
opposite to the first-defined collar, the second  
collar being dimensioned to releasably engage the  
handle when the introducer sleeve is in the  
retracted position.

50. Apparatus for introducing material  
into bone through a subcutaneous cannula, the  
apparatus including a delivery device to convey the  
material at a delivery pressure of no greater than  
about 360 psi, a nozzle instrument capable of  
advancement through the subcutaneous cannula into  
bone and comprising a proximal fitting to couple the  
nozzle instrument to the delivery device and a  
nozzle bore through which the material conveyed by  
the delivery device enters bone at the delivery  
pressure, and a stylet capable of advancement into  
the nozzle bore through the proximal fitting to  
close the nozzle bore and, with the nozzle  
instrument, forming a tamping instrument capable of  
advancement through the subcutaneous cannula to urge  
residual material from the subcutaneous cannula.

51. Apparatus according to claim 50  
wherein the nozzle instrument includes  
markings to visually gauge the advancement of the  
nozzle instrument through the cannula.

52. Apparatus according to claim 50  
wherein the delivery device comprises a  
syringe.

53. A method for delivering material into  
bone comprising the steps of  
deploying a cannula through soft tissue to

5           establish a subcutaneous path into bone,  
5           introducing a material into bone through  
10          the cannula, and

          advancing a tamping instrument through the  
cannula to urge material residing in the cannula  
into bone.

15          54. A method according to claim 53  
          wherein the introducing step delivers  
material at a pressure no greater than about 360  
psi.

20          55. A method according to claim 53  
          wherein the introducing step includes using  
a manual syringe.

25          56. A method according to claim 53  
          wherein the material comprises bone cement.

          57. A method according to claim 53  
          wherein the material comprises autograft  
tissue.

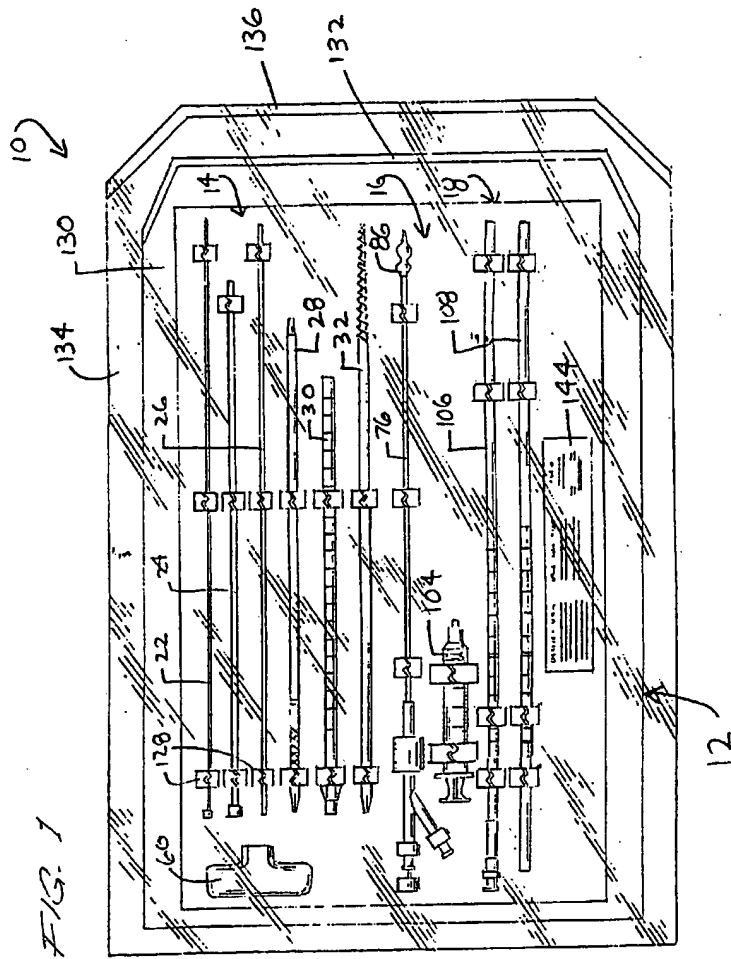
30          58. A method according to claim 53  
          wherein the material comprises allograft  
tissue.

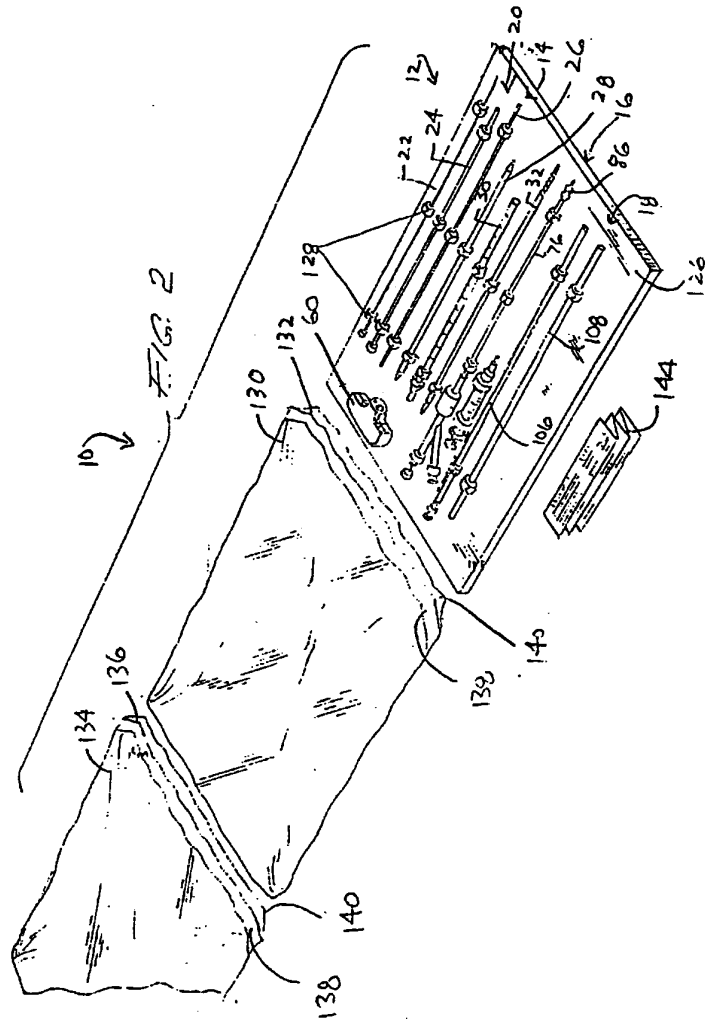
35          59. A method according to claim 53  
          wherein the material comprises synthetic  
bone substitute.

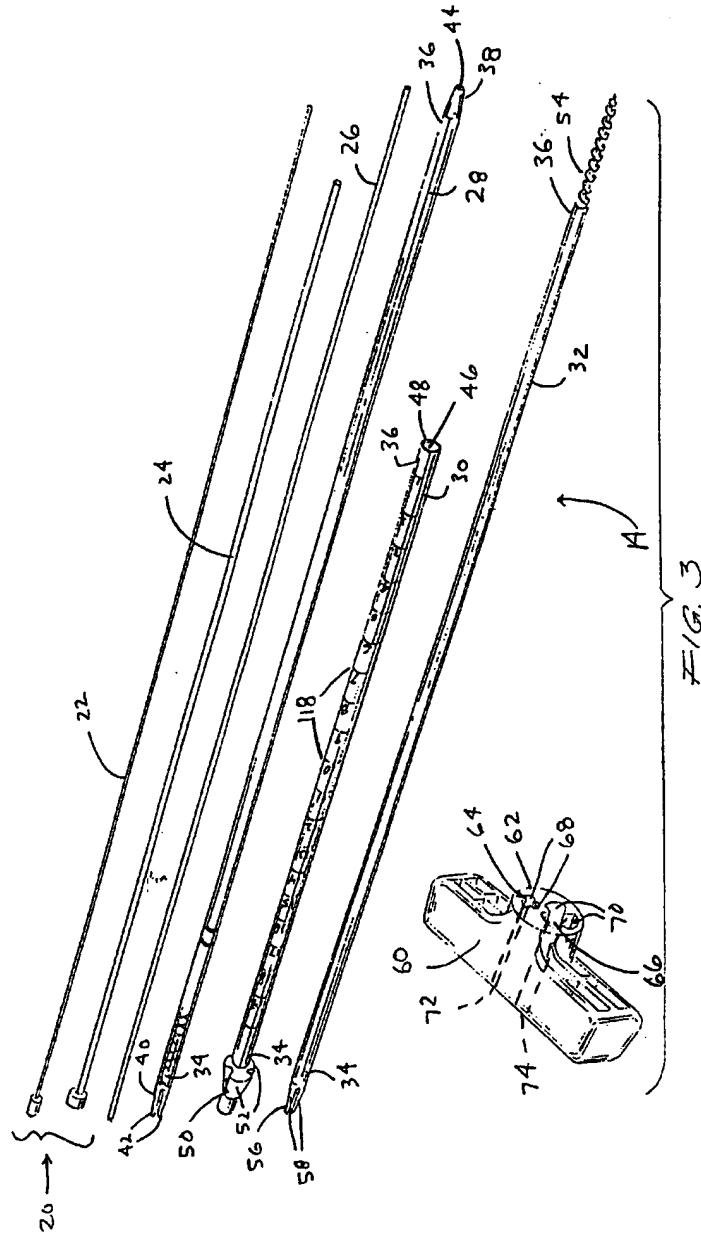
          60. A method according to claim 53  
          wherein the material comprises medication.

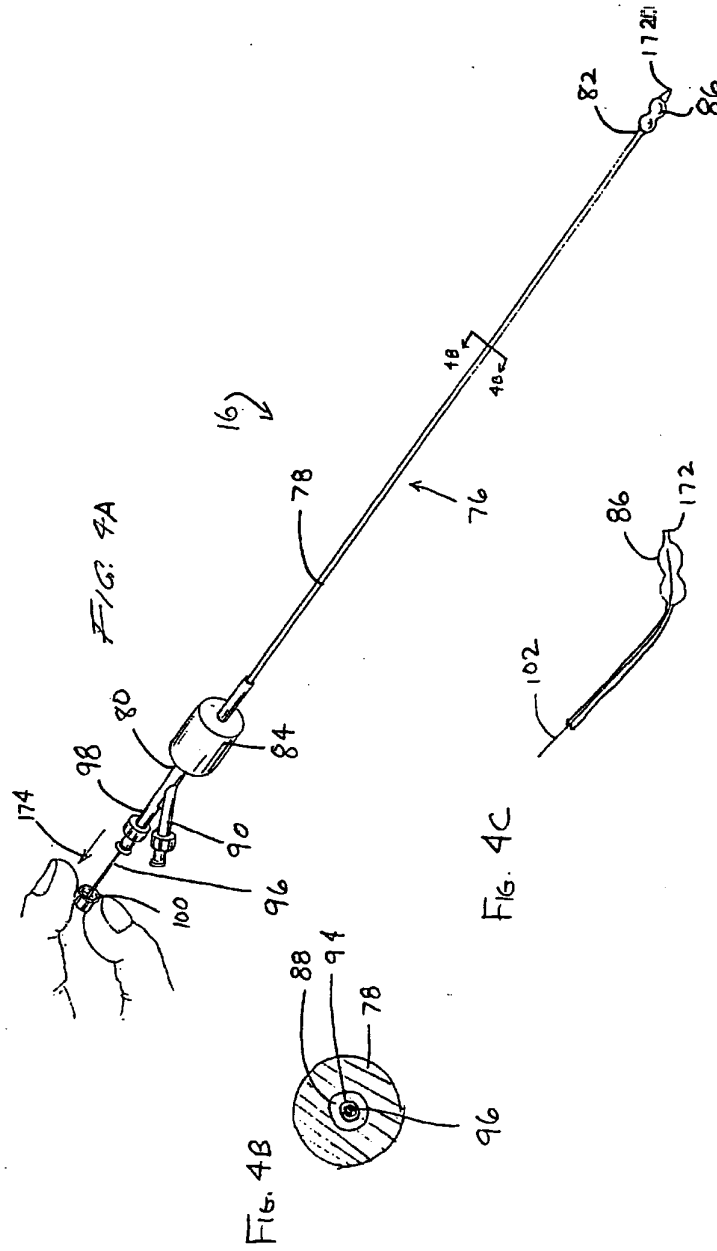
40          61. A method according to claim 53  
          wherein the material comprises a material  
that sets to a hardened condition.

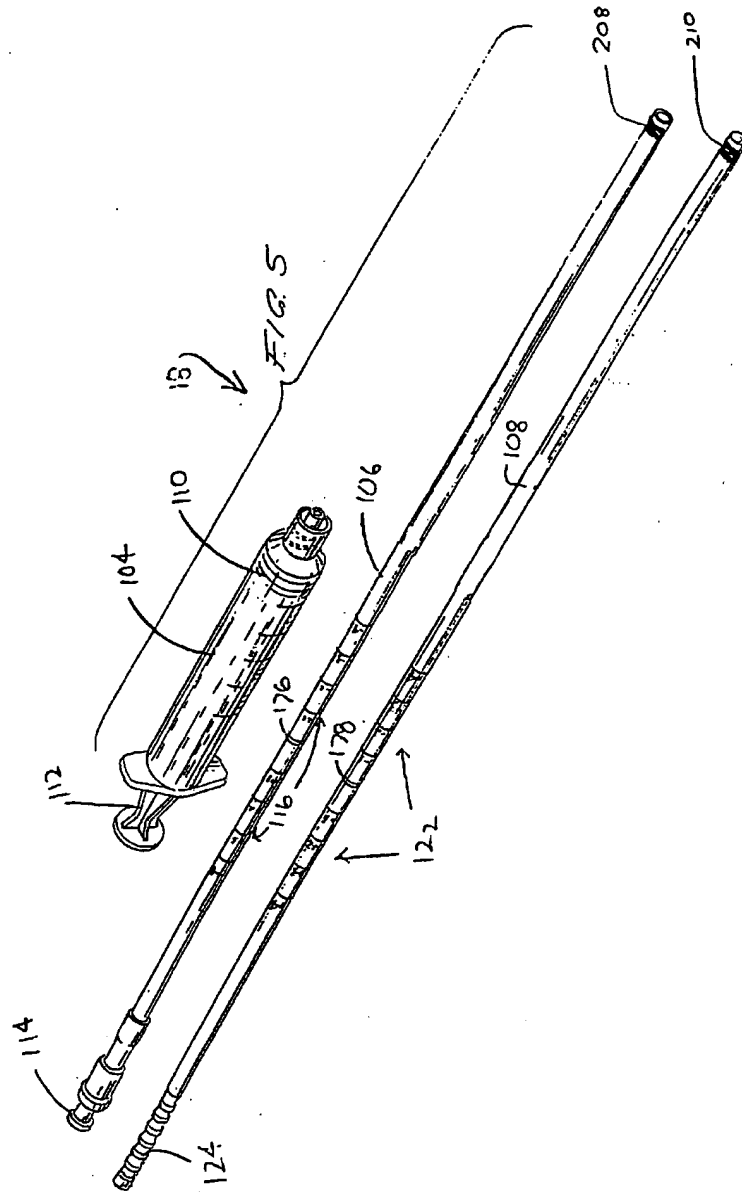
45          62. A method according to claim 53  
          and further including the step of deploying  
a cavity forming instrument through the cannula to  
compress cancellous bone and form a cavity, and  
5          wherein the introducing and advancing steps  
convey material into the cavity.

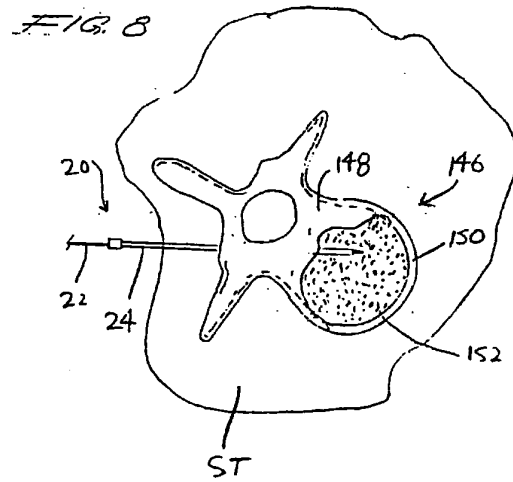
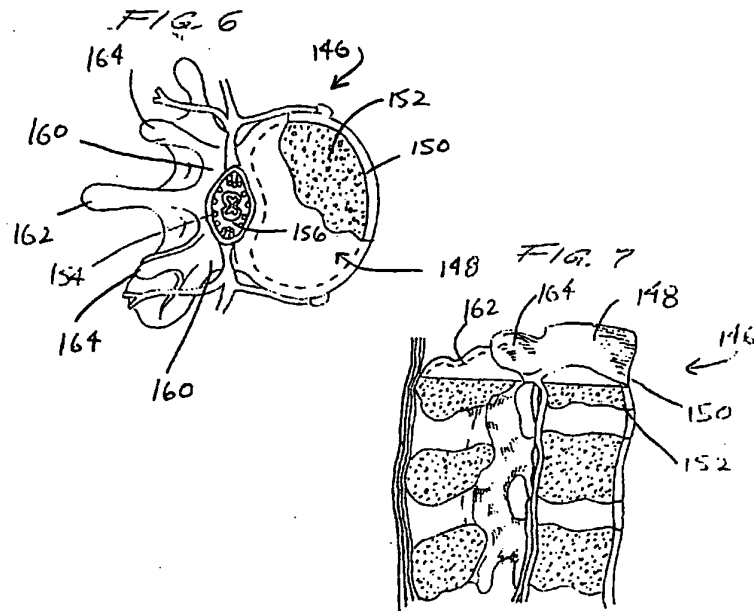




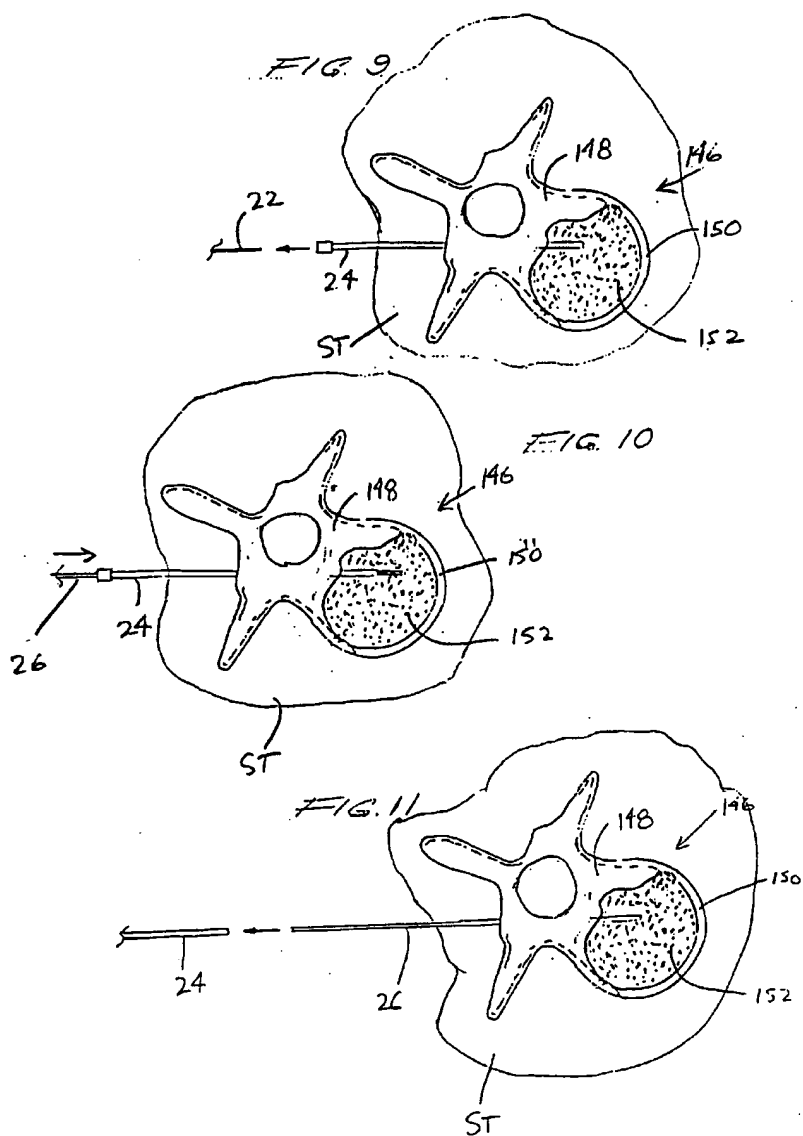


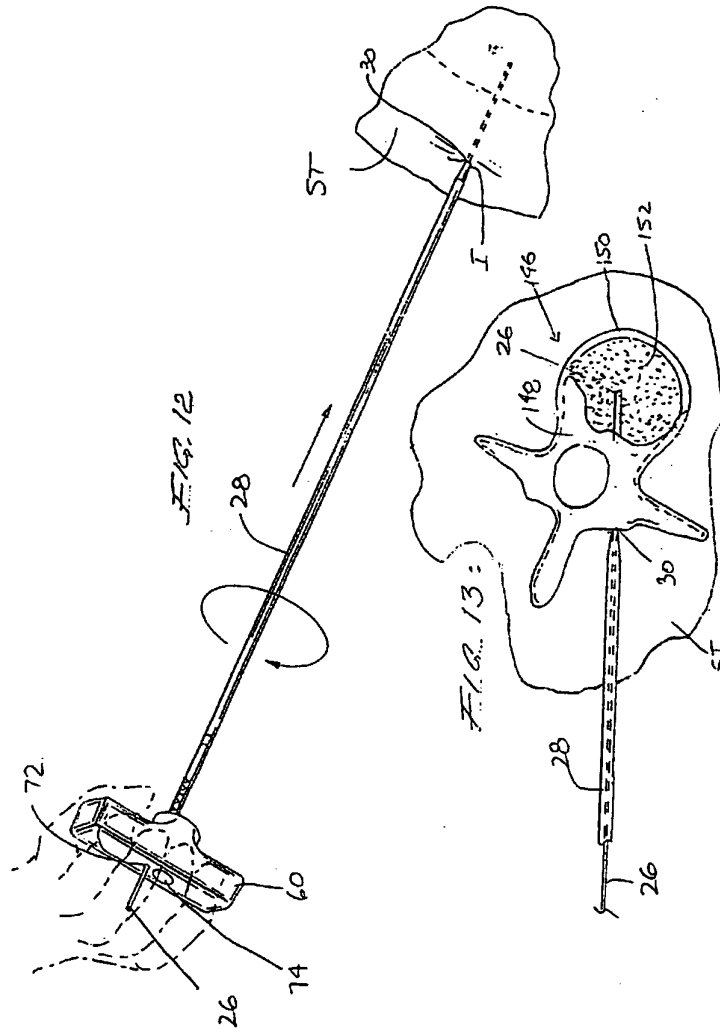


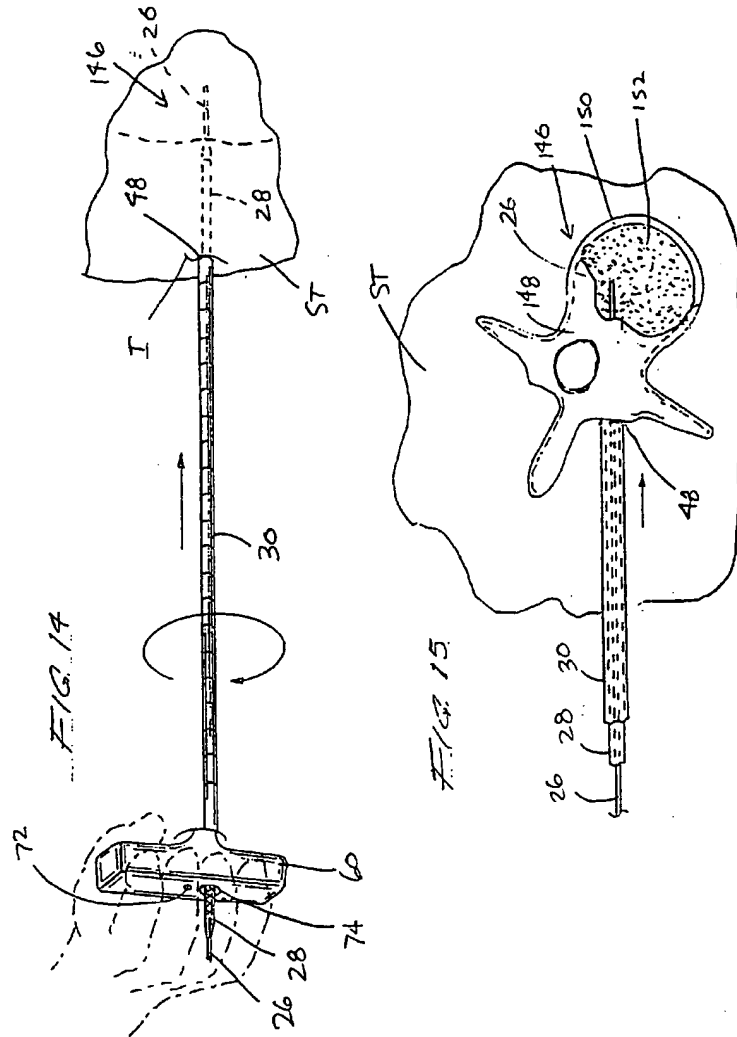


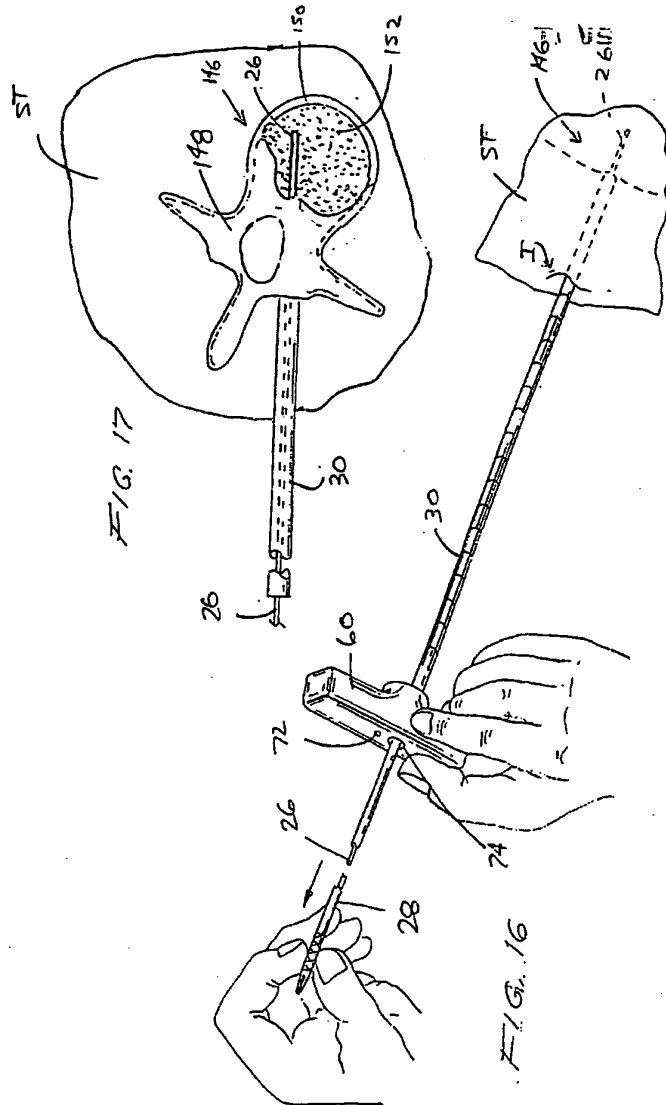


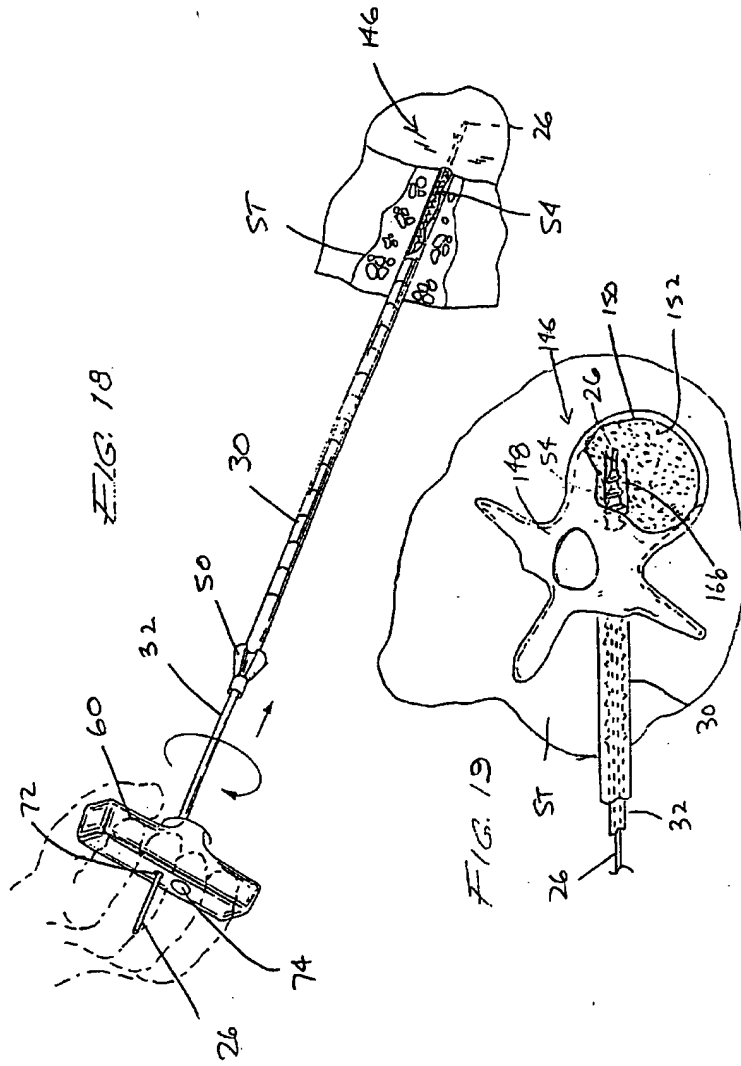


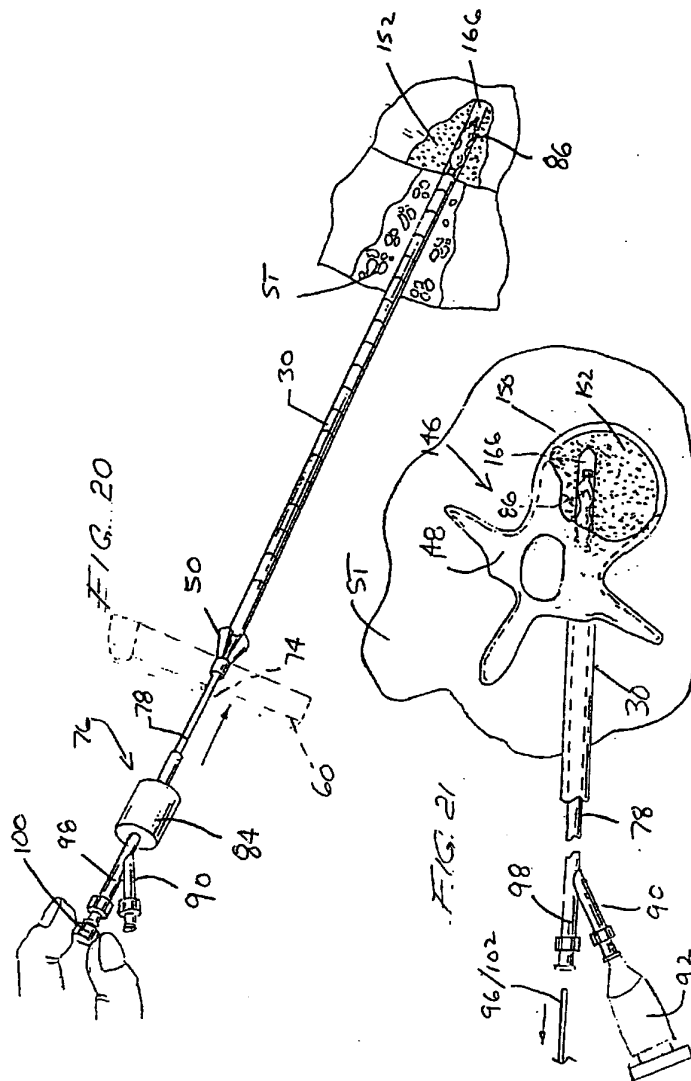


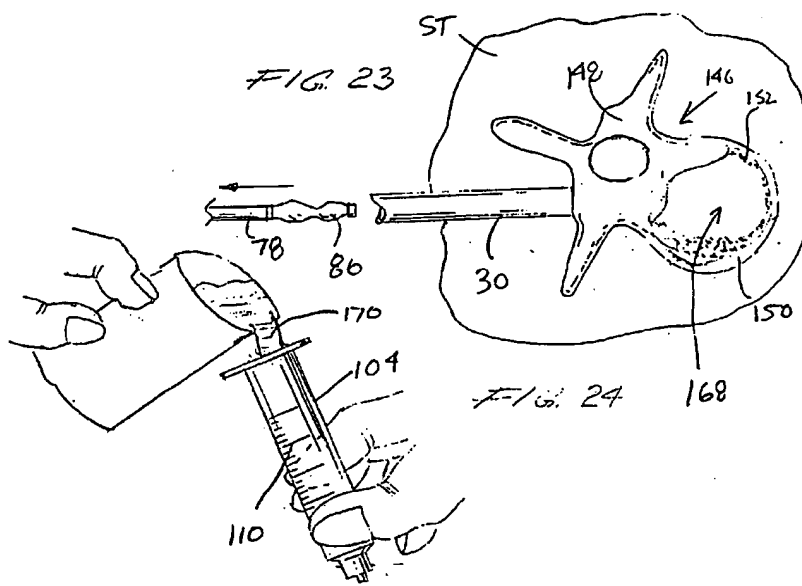
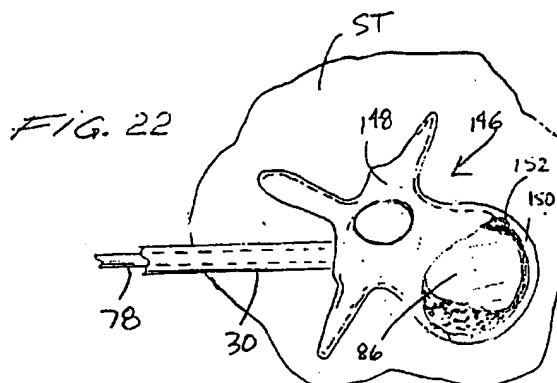


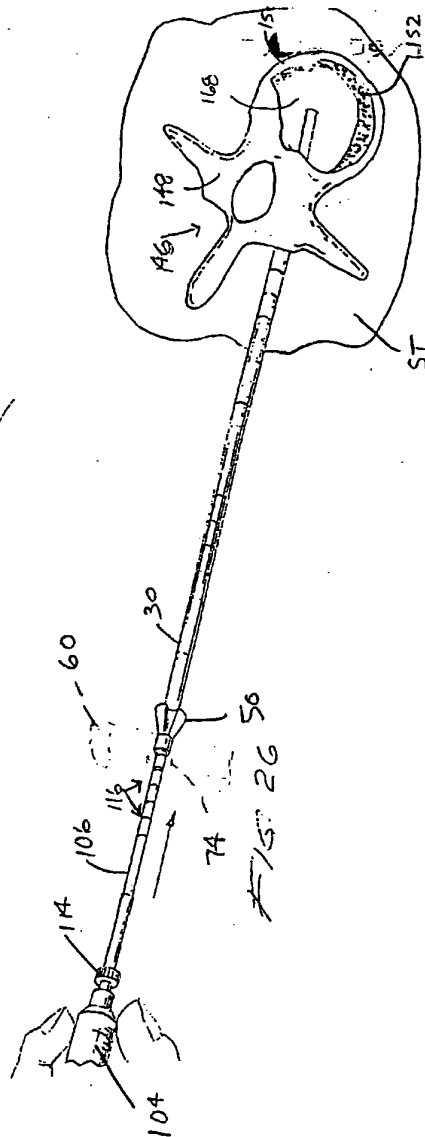
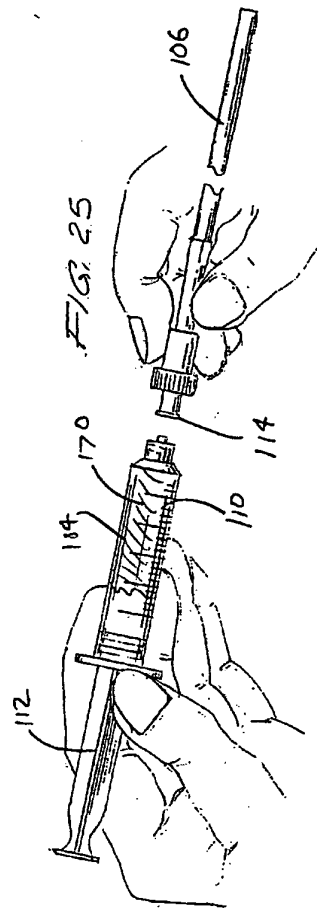




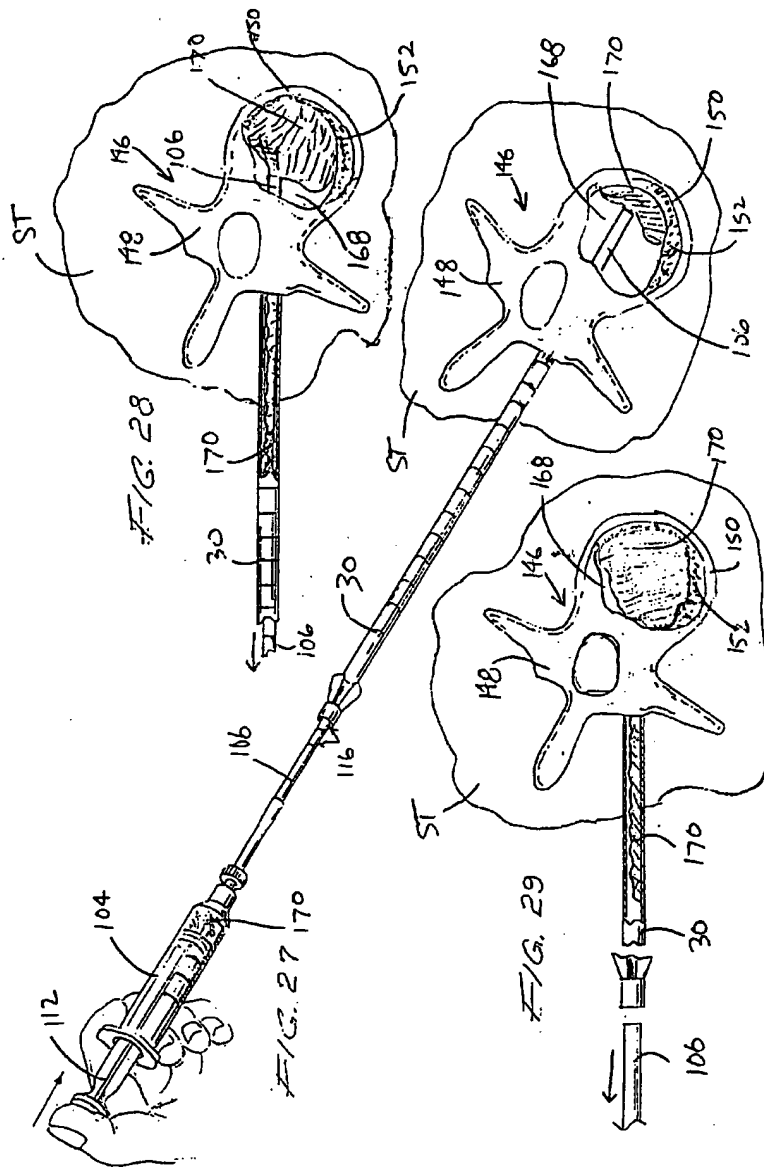


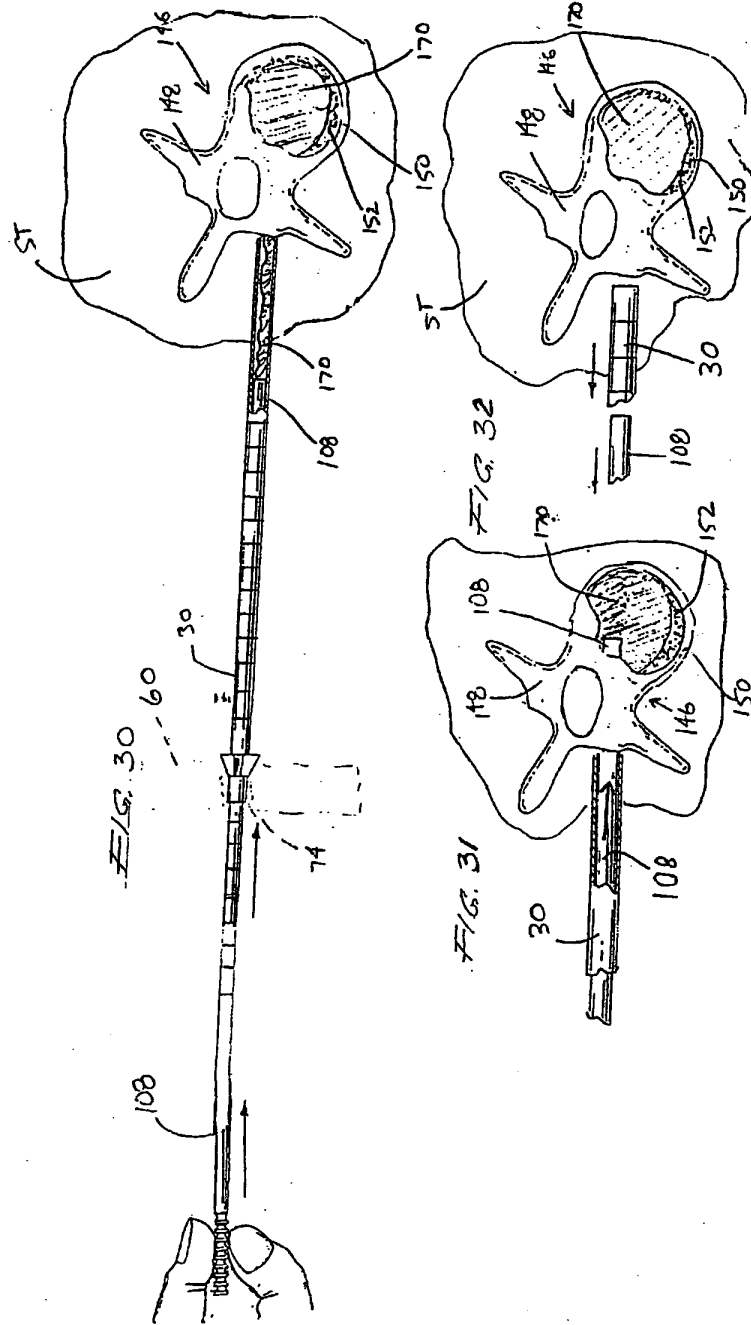


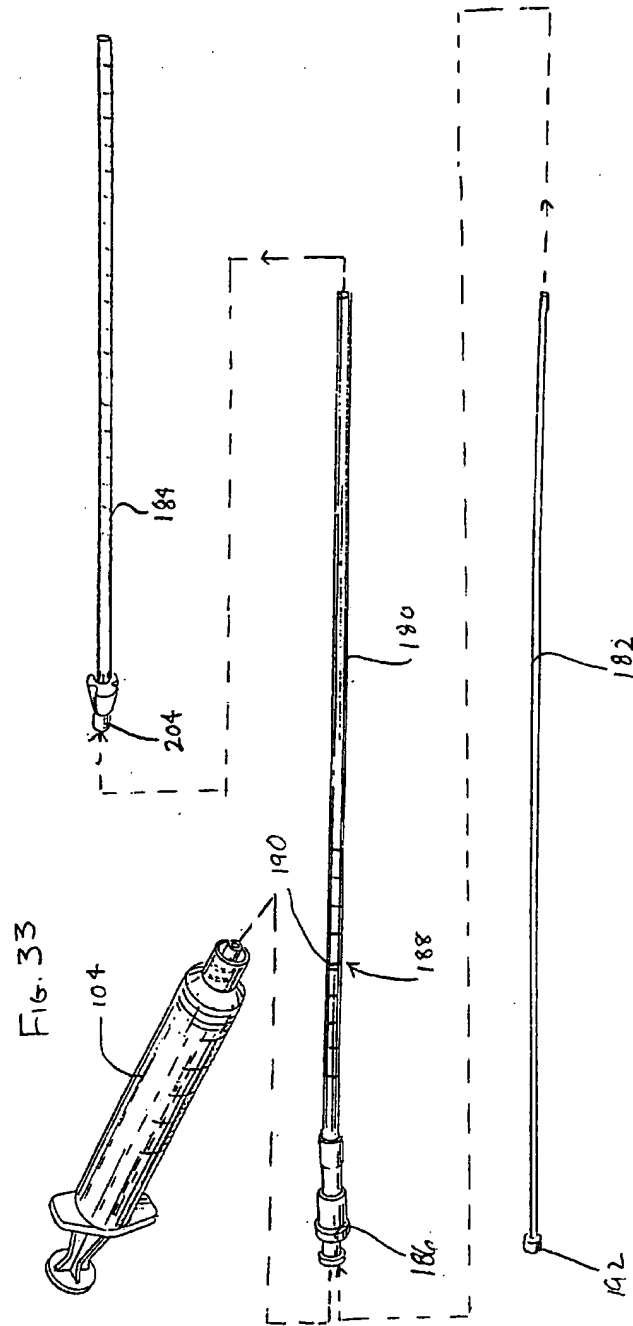


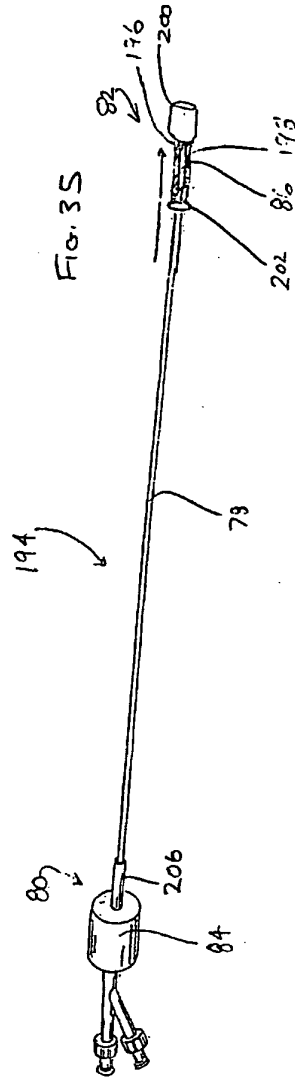
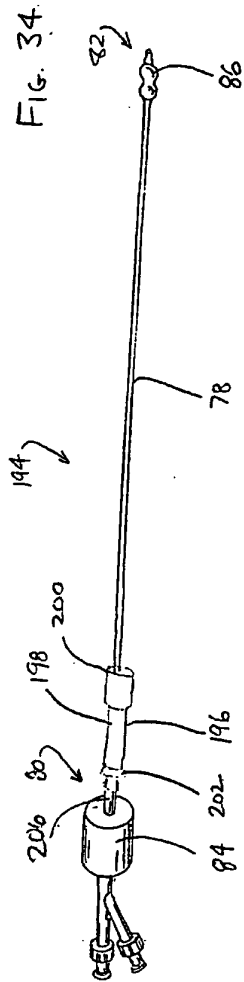














# INTERNATIONAL SEARCH REPORT

International application No.  
PCT/US99/16289

## A. CLASSIFICATION OF SUBJECT MATTER

IPC(6) :A61B 17/58, 60  
US CL :606/93

According to International Patent Classification (IPC) or to both national classification and IPC

## B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)  
U.S. : 606/93-95, 102, 105

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)  
APS

## C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	US 5,013,318 A (SPRANZA, III) 07 May 1991, Figs. 1 and 2.	1-23
X	US 5,171,248 A (ELLIS) 15 December 1992, Fig. 1.	1-23
Y	US 4,919,153 A (CHIN) 24 April 1990, Fig. 1.	1-62
Y	US 5,464,254 A (VARGAS, III) 21 November 1995, Figs. 1 and 15.	24-52

☐ Further documents are listed in the continuation of Box C. ☐ See patent family annex.

Special categories of cited documents:	
*A* document defining the general state of the art which is not considered to be of particular relevance	*T* later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention
*E* earlier document published on or after the international filing date	*X* documents of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone
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*O* document referring to an oral disclosure, use, exhibition or other means	*Z* document member of the same patent family
*P* document published prior to the international filing date but later than the priority date claimed	

Date of the actual completion of the international search

17 SEPTEMBER 1999

Date of mailing of the international search report

21 OCT 1999

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